

لَيْلَةُ الْقَدْرِ خَيْرٌ مِنْ أَلْفِ شَهْرٍ

ALLAH KI TAJALLI KA DEEDAAR KIJIEY

الشیخ خواجه شمس الدین عظیمی



Ramzan Mein
Allah Ki Tajalli Ka
Deedar Ki Jiye

KHAWAJA SHAMSUDDIN AZEEMI

**Tarteeb o Tadveen
Salman Ansari**

ROMAN URDU

Mah e Ramadaan jis mein nazil hua Quran jis mein hidaayat hey.

Logon ke wastey aur raah panay ki khuli nishanain hein. (Al Quran)

Aayat muqaddisa hamein is taffakur ki dawat deti hey ke nuzool Quran mein ramadaan ka tazkara kyun kya gaya hey? Jabkey Vahi Ramadaan ke ilawa bhi nazil hoti rahi hey. Yeh talaash karna bhi zaroori hey ke Ramadaan al Mubarak aur aam dinon mein kya farq hey, aur ramadaan mein insani tasawurat aur ehsasat mein kya tabdeeli roonuma ho jaati hey?

Ramadaan al Mubarak se mutaliq is ruku mein Allah Tallah ka irshad hey:

Tarjuma “Aur jab tujh se poucheen bande mere mujh ko toh mein nazdeek hon” Pohanchana hon pukarte ki pukaar ko jis waqt mujh ko pukaarta hey.”

Aayat karimah hamein batati hey ke bande aur Allah ke darmiyan kisi qism ka koi faasla haail nahi hey. Quran ke irshad ke mutabiq kaayenaat mein har shye do rukh par qaim hey.

وَمِنْ كُلِّ شَيْءٍ خَلَقْنَا زَوْجَيْنِ لَعَلَّكُمْ تَذَكَّرُونَ

"Aur har cheez ke banaye hum ne jore, shayad tum dheyan karo."

Insani hawaas ke bhi do rukh hein. Aik rukh yeh hey ke insaan hamesha –apne aap ko paband aur muqeed mehsoos karta hey aur dosra rukh woh hey ke jahan insaan qaid o band se azad hey. Qaid o band mein hamaray andar jo hawaas kaam karte hein woh hamesha asfal zindagi ki taraf mutwajjah rehne par majboor karte hein. Un hawaas ki har harkat hamari zindagi ko kari dar kari zanjeer ki terhan pabnd salasil kiye hue hey. Zindagi naam hey taqazoon ka, yeh taqazey hi hamaray andar hawaas banatey hein. Bhook, pyaas, jins, zehni tayush, aik dosray se baat karne ki khwahish, aapas ka mil jol aur hazaron qisam ki dlchaspiyan yeh sab taqazey hein aur un taqazoon ka dar-o-madar hawaas par hey. Hawaas agar taqazey qubool kar lete hein toh yeh taqazey hawaas ke andar jazb hokar hamein mazahirati khadd-o-khaal ka ilm bakhshete hein. Aam dinon mein hamari dlchaspiyan mazahir ke sath ziyada rehti hein. Khana, piinaa, sona, jagna, aaraam karna, hsol muaash mein jad-o-jehad karna aur dunyawii dosray mashaghil sab ke sab mazahir hein.

Aam dinon ke bar aks roza hamein aisay nuqtey par le aata hey jahan se mazahir ki nafi shuru hoti hey. Maslan waqt e muayana tak zahiri hawaas se tawajah hata kar zehen ko is baat par amaada karna ke zahiri hawaas ke ilawa aur bhi hawaas hamarey andar mojud hein jo hamein azad duniya (ghaib ki duniya) se roshanaas karte hein. Roza zindagi mein kaam karne walay

zahiri hawaas par zarb laga kar un ko moattal kardaita hey. Bhook pyaas par control, guftagu mein ehthiyat, neend mein kami aur chobees ghantey kisi nah kisi terhan se yeh koshish ki jati hey ke mazahir ki girift se nikal kar ghaib mein safar kya jaye.

Ramadaan al Mubarak ka poora maheena darasal aik programme hey. Is baat se mutaliq ke insaan apni rooh aur ghaib se muta-arif hojaye.

Allah Taalah ne irshad farmaya ke:

" Hum ne utaara Shab e Qader mein. Aur toh kya boojha kya hey shab qader. Shab e Qader? behtar hey hazaar mahinay se. Utartey hein farishtey aur rooh is mein –apne rab ke hukum se, her kam par. Amaan hey woh raat subah ke niklny tak”

Allah Taalah ke farmaan ke mutabiq Lailatu Qader aik hazaar mahino ke din aur raat ke hawaas se afzalhey. Is ko samajhney ke liye hum is terhan keh sakte hein ke raat ke hawaas ki raftaar is raat mein (jo behtar hey hazaar mahino se) saath hazaar guna barh jati hey kyunkey aik hazaar mahino mein tees hazaar din aur tees hazaar raatain hoti hein .

Ramzan ki das taarikh tak hamein is bat ki aadat ho jaati hey ke hum un hawaas ki girift ko tor saken jo giyarah mahinay hamaray oopar musallat rahay hein. Ramazan ke pehlay ashrey mein bhook, piyas, neend, guftagu mein ehthiat aur Quran pa kaaf ki talawat se kaafi had tak zahiri hawas hamari girift mein ajate hein. Mehaz Allah ki khush nudi ke liye poray din khana nah khana, shaded taqazey ke bawujud pani nah peenay aur aftari-o-sehari ke darmiyan chand ghantey soney se hamarey andar aik aisi taaqat peda ho jati hey jo hamein raat ke hawaas aur rooh ke qareeb kar detihey. Dus (10) rozay rakhnay ke baad agar hum koshish karen toh bohat aasani ke sath rooh ki Khaftah salahiyaton ko bedar kar saktey hein .

Giyarhwan (11) Roza

Daswen rozey ke baad chobees (24) ghantey mein chay (6) ghantey se ziyaadah soen.

Barhwan (12) Roza

Barhwen, Terhwen aur Chodwen rozon mein neend ka waqfa baja ye 6, ke5 ghantey kar den khaney mein ehthiat karen keh sehar o aftaar mein itna khaen keh jo medey ke liye girani ka bais nah baney.

Pandarhwan (15) Roza

Pandarhwen rozey mein sehar-o-aftaar mein khana bhuk rakh kar khaen aur khaanon mein ziyada murghan aur saqeel cheezen iseimal nah karen. Nend ka waqfa kam kar key sarey chaar (4.5 hours) ghanthey kar den.

Solhwan (16) Roza

Solhwen rozey mein sirf doodh ya chaye piyen. Aftaar aik ya do khajoor aur doodh se karen phalon ka ras pi len lekin thos ghiza nah khaen. Taraveeh ke baad sehri tak durood-e-khizari parhte rahen aur shab bedaari karen.

Satarhwan (17) Roza

Halki sehri kha kar Fajar ki namaz bajamaat ada kar ke sarhey chaar (4.5 hours) ghanthey ke liye so jaen. Din bhar kaam mein mashghool rahen aur Ya hayuu Ya qayyum ka wird kartey rahen. Aftaar mein sirf phalon ka ras aur doodh piyen. Thos ghiza bilkul istimal nah karen. Taraveeh parhnay ke baad Durood khizri parhte parhte so jaen aur sehri y ke waqt tak so te rahen.

At-tharwan (18) Roza

Sehri mein halki aur zood hazam ghiza maslan daliya, toos, so jee ka hareera waghera istimal karen aur puray din karobar mein mashghool rehtey hoye" Ya Hayuu Ya Qayyum" ka vird karte rahen. Aftaari mein aadha pait roti khaen. Paani ya sharbat kam piyen aur taraveeh parhte hi sojaen.

Un-neeswan (19) Roza

19 ramazan ko sehar mein itni ghiza istimal ki jaye jo tabiyat mein kisi qisam ka takadur peda nah karey aur Aftaari mein khajoor aur doodh istimal kiya jaye. Paani kam miqdar mein piya jaye. Taraveeh ke baad Durood khizri parhtey rahen aur sehri tak chaar (4) ghanthey ke liye sojayein.

Beeswan (20) Roza

20 ramzan ko seheri mein sirf aik ya doh double roti ke toast Ya daliYa doodh ke sath kha kar rozay ki niyat kar len. Din mein puray waqt kalma Tamjeed (teesra kalma) parhte rahen. Aftaar key waqt halki ghiza khaen, paani bhi kam piyen. Maghrib ki namaz ke baad sey isha ki namaz tak Durood khizri parhte rahen. Taraveeh ke baad donon kaanon mein rui laga len aur tamam

raat jagtey rahen. Puri raat tilawat kalam paak, teesra kalma, Durood khizri aur nawafill parhte rahen

Ikeeswan (21) Roza

21 ramzan ki sehri mein baraye naam ghiza kha kar Fajar ki namaz ada kar ne ke baad teen (3) ghantey pentalees minute (3:45 hours) ke liye so jayein. Bedar ho ne ke baad zaroori kaamon ke ilawah teesra kalma aur Quran pak ki tilawat kartey rahen. Aftaari mein aik glass paani, kam miqdar mein phal aur chaaye (tea) ke ilawah koyi cheez nah khaen. Aftaar ke baad se ilawah namaz ke, raat ke do bajey (2am) tak durood khizri parhte rahen. Tahajud ki namaz ada karney ke baad andheray mein qibla rukh ho kar namaz ki niyat bandh len ankhen band kar ke 100 baar " Ya Allah Ya Rehman Ya Raheem " parheen aur Allah Taalah se lelatul-qadar ke Feyuz-o-Barkaath hasil honey ki dua karen. Iskey baad Durood khizri y ka vird kar te rahen aur dhaayi (2:30 hours) ghantey ke liye so jayein .

Baeswan (22) Roza

22 Ramazan ko halki si sehri kha kar roza rakh len. Purey din ibadat mein masroof rahen. Zuhar ki namaz ke baad 15 minute tak Muraqba karen. Ankhen band kar ke yeh tasawur karen ke" Allah mujhe dekh raha hey" Aftaari mein paani aur khajoor sey aftaar aur maghrib ki namaz key baad adhey pait se kam khana khaen. Guzishta shab ki tarah Kalma Tamjeed ka vird rakhen aur nawafill parheen. Do bujey (2:00AM) qibla rukh ho kar mutaa zakirah balaa tasbeeh parheen aur bedaar rahen.

Taeswan (23) Roza

23 Ramazan ko thori si sehri kha kar Fajar ki namaz ke baad teen (3hours) ghantey ke liye so jaen. Bedaar honey ke baad saray din Abadat mein masroof rahen. Zuhar ki namaz ke baad 15minute tak Muraqba karen. Ankhen band kar ke yeh tasawur karen ke, " Allah mujhe dekh raha hey". Quran pak ki tilawat karen aur kalmah Tamjeed ka vird kartey rahen. Aftaar aik khajur aur paani se karen aur ghiza kam se kam khaen. Puri raat guzishta raat ki tarah guzaren

Chobeeswan (24) Roza

24 Ramazan ko sehri mein thos ghiza nah khaen. Daliya, doodh ya soji ka hareerah istimal karen aur Fajar ke baad do (2 hours) ghantey ke liye so jaen. Do (2 hours) ghantey se ziyadah nah soen. Alarm laga len ya kisi aur zareye se jag uthen. Zuhar ki namaz se pehlay adha ghanta ya 20 minute tak soney mein koi Hurj nahi hey. Zuhar ki namaz bajamaat ada karen. Zuhar ki namaz ke baad 15 minute tak muraqba karen. Ankhen band kar ke yeh tasawur karen ke" Allah mujhe dekh raha hey." Purey din Quran pak ki tilawat aur kalmah Tamjeed ka vird kartey rahen Aftaar

mein thos ghiza nah khaen. Phal ya daliya istimal karen. Hasbey mamool kalmah Tamjeed, Kalma tayyiba, kalmah shahadat aur durood khizri ka vird kartey rahen. Do (2) bajey raat ko tahajud ki namaz ke baad 300 baar " Ya Allah rehman Ya Raheem " parhen.

Pacheeswan (25) Roza

Halki sehri kha kar Fajar ke baad do (2 hours) ghantey ke liye so jaen. Din bhar kalmah Tamjeed ka vird kar tey rahen. Zuhar ki namaz se pehlay aadha ghanta ya 20 minute tak so jaen. Namaz ba jamaat ada karen. Zuhar ki namaz ke baad 15 minute tak Muraqba karen ankhein band kar ke yeh tasawwur karen ke, " Allah mujhe dekh raha hey." Aftaari mein phali ya daliya istimal karen aur aadhi raat ke baad so jaen .

Chabeeswan (26) Roza

26 Ramazan ko halki si sehri khaen. Zuhar se pehlay kalmah Tamjeed ka vird kartey rahen, zuhar ki namaz ke baad 15 minute tak muraqba karen. Ankhen band kar ke yeh tasawwur karen ke" Allah mujhe dekh raha hey." zuhar se asar tak kalma h shahadat aur asar se maghrib ki azan tak Kalmah tayyiba parhtey rahen. Is roza ki aftaari mein aik khajur aik piyalah doodh aur paani ke ilawah koyi cheez istimal nah karen.

Ab yeh sat-taesween 27 shab hey

Is shab kaali mirch ka safoof bana kar roi mein halka sa laga kar dono kaanon mein rakh len. Tahajud ke waqt tak Ya hayuu Ya qayum aur Durood khizri ka vird kartey rahen. Do (2) bajey raat ko tahajud ki namaz ke baad 300 baar " Ya Allah Ya rehman Ya Raheem " ka vird karen. Uskey baad Kalmah Tamjeed aur durood khizri ka vird kar te rahen.

Ramazan ke aakhri puray ashhray mein chobees ghantey mein teen ghantey pentalees minute (3:45), se ziyadah nah soen aur raat mein jis jagah rahen ya soen wahan shadeed zaroorat ke ilawah andhera bhi zaroori hey. Is program par amal kar ne se Inshallah aap ke zehen ki raftaar saathh (60,000) hazar gunah ho ja ye gi. Program mein kamyabi ke nateeje mein Allah ke fazl-o-karam or Huzoor alehe salato salam ke tufail Allah taa aala ki tajallii ka deedar ho ja taa hey aur duaen maqbool ho jati hein.

27ven shab ke baad hasb e mamool ibadat kartey rahain, ziyadah waqt Quran pak ki tilawat karen aur tar jumah parh kar Quran mein tafakur karen. Nawafill ka ehtemam karen. Seerat-e-tayyiba par kitab," Mohammad Rasool Allah " ka bar bar mutalaa karen aur hasil-e-mutalaa diary mein tehreer karen. Hasb-e-mamool zuhar ke baad tasawwur " mujhe Allah dekh raha hey" ka Muraqba kar te rahen