KASHKOL

KHWAJA SHAMSUDDIN AZEEMI



KASHKOAL



Khwaja Shamsuddin Azeemi Research Society

Dedicated to the youthful generation, possessors of happy souls, And to those men and women who journey to that unseen world Who want to sacrifice everything, their body, soul, and possessions For the spiritual mission of Prophet Muhammad (PB.U.H)



KASHKOAL

PAST.PRESENT.FUTURE

By

SHAYKH

KHWAJA SHAMSUDDIN AZEEMI

PATRIARCH

OF THE SUFI ORDER OF AZEEMIA

Translated by

AMIR J. SANI



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AUTHOR'S PREFACE: AN ANGEL'S VOICE

What is the universe? It is a point, and this point is a divine light, and the divine light is itself a light.

Every point is the imprint of luminescence (Tajalli). When this imprint transforms itself into the divine light then it becomes Aura (Jism-e-Misali). The display of the Aura is the physical body.

The physical body is built up as a structure of bones, flesh, and muscle. The skin is a kind of plaster and color on this building. The life of the human being who is made up of veins, arteries, nerves, bones, and flesh, is nothing except senses.

It is said that the total number of senses in a person is five, but in reality a person has 11,500 functional senses within him

Humans have two countenances: one is apparent and the other is latent. The soul plays an active role in the latent countenance. The soul is present and active in every particle of the universe. Everything in the universe, including all elements, all particles and cells, all are alive by virtue of the activity of the spirit.

Life continues in activity as long as the soul attaches itself to the body, but when the spirit detaches itself, then life is extinguished.

The spirit has thousands, even millions of countenances, and every countenance is a disguise.

A human is a soul on one side and the disguise of a soul on the other. This story of guise and disguise began when this universe began and will remain forever. This story is actually a drama. Different guises (people) come on the stage, which we call the world, and they exit the stage after having displayed their character (disguise). The display of guise and



disguise is actually a past, a present, and future. I am a 64-year old person who is actually a disguise of childhood, youth, and old age.

Picking a brick from here and a stone from there,

God, like the juggler, built a family

In my sixty-four years of life I have seen 23,360 suns. Every new sun is witness to my disguise. 23,360 suns continually built up my past, present, and future. Now I am tired, but the attached present, past, and future of my life promptly make more countenances of my guises

This tale of guise and disguise is a grief and a pleasure. With my worldly experience I kept collecting the different grief and cheerful characters of guise and disguise in the Kashkoal (bowl). Now this Kashkoal (bowl) is full, so I am presenting this story of guise and disguise to you.

Khwaja Shams Uddin Azeemi

December 1, 1990



ABOUT THE AUTHOR

The patriarch of the Azeemia Order, internationally famous personality and renowned spiritual scholar Mr. 'Khwaja Shams Uddin ,Azeemi, is the wise student of the patron chief of the Order Azeemia Huzoor Qalander Baba Auliya. Born October 17, 1927 in the town of Anbaith, Peerzadgaan Street, Saharunpur District (U.P), India. The .family line of Mr. Khwaja Shams Uddin Azeemi goes to the host of Prophet Muhammad (PB.U.H.), Hazrat Abu Auyb Ansari. The spiritual knowledge was transferred to Mr. Azeemi during sixteen years of day and night closeness to his Spiritual Teacher.

One point which is very apparent in Mr. Azeemi's teaching is that he tries to develop the feeling of love of God in people so that they can come closer to God. He takes the spiritual knowledge from the haziness of traditional stories and mysteries and puts it in the light of modern science.

Under the supervision of this friend of God, Mr. Khwaja Shams Uddin Azeemi, there are seventy-three Meditation Centres (Muraqaba Halls) established for the purpose of spreading spiritual knowledge and helping humanity. These centres are located in U.A.E., America, Great Britain, the Netherlands, Scotland, Moscow, Canada, Denmark, and other countries. Healing centres are also established for the English communities of Glasgow and Manchester.

Mr. Azeemi is the Editor-in-Chief of Roohani Digest (Spirit Digest), Karachi, and Roohani Digest Britain. Over the past thirty-six years he has written columns in different newspapers of Pakistan under such titles as Roohani Daak (Spiritual Mail), Khwab Ki Tabeer (Dream Interpretation), Qareen Kay Masaail (Problems of the Readers), Parapsychology. Hundreds of thousands of people have solved their problems involving social, economic, psychological, and health issues with the help of advice given by Mr. Khwaja Shams Uddin Azeemi.



This friend of God, Mr. Khwaja Shams Uddin Azeemi has written eighty booklets and forty-two books on the topics of Spiritualism, Parapsychology, and Metaphysical Sciences. Some of these works have been translated into other languages, including English, Sindhi, Arabic, Persian, Pashto, Thai, and Russian.

Mr. Azeemi wrote three volumes on the conduct and character of Prophet Muhammad (P.B.U.H.). The book Muhammad (P.B.U.H.), Volume One describes in a unique way the efforts and struggles of Prophet Muhammad (P.B.U.H.) in preaching Islam. Volume Two describes the miracles of Prophet Muhammad (P.B.U.H.) with scientific explanations. Volume Three describes the philosophy behind the different events of other prophets (P.B.U.T.). He has also written a detailed explanation of the book Loh-o-Qalam, written by his teacher Huzoor Qalander Baba Auliya and already translated into English.

Mr. Azeemi has also introduced the treatment with "Color Therapy in Pakistan specifically and also abroad. The theory of color therapy, its advantages, way of treatment, and useful experiments are explained in detail in the book "Color Therapy."

In order to increase the habit of reading and to propagate spiritual knowledge in educated people, a network of Azeemia Roohani Libraries (Azeemia Spiritual Libraries) has been established in the eighty-five different cities of Pakistan, as well as ninety libraries abroad.

For teaching and training purposes of spiritual science, Mr. Azeemi has set up an educational system which has a syllabus that is grounded both in theory and practical application. Students of "Qalander Shaoor Academy" (Qalander Conscious Academy, an educational academy established by Khwaja Shams Uddin Azeemi for the teaching of spiritual science) are taught the books of Mr. Azeemi. They also do the meditation exercises not only in the Meditation Centres of Karachi, Hyderabad, Lahore, Rawalpini, and Islamabad but also in those located in England and America.

The Department of Rehabilitation of Salford University of Great Britain is currently teaching three books by Mr. Azeemi which have been translated into English. His book Ahsaan Aur Tasawwuf (Enlightenment and Mysticism) is included in the Master of Arts (M.A.) syllabus of Baha



Uddin Zakaria University, Multan, Pakistan where Mr. Azeemi holds the rank of Associate Professor.

Mr. Azeemi has held conferences, delivered lectures, and conducted seminars and workshops on the topic of parapsychology in various countries. He has given five international "Spiritual Conferences" in Karachi, Lahore, Manchester (UK), Hyderabad, and U.A.E (Abu Dhabi), respectively.

Scholarly gatherings are held in the spiritual schools (Meditation Centres) of the Azeemia Order, and every year spiritual training workshops are held in the world headquarters of the Sufi Order Azeemia (Markazi Muraqaba Hall), which is located in Karachi, Pakistan. In these workshops outstanding personalities of the country participate. These respectable personalities include the Chancellor of Sir Syed University, Vice Chancellor of Karachi University, Vice Chancellor of Baha Uddin Zikaria University, and other honourable personages. Many people from within and without Pakistan attend these workshops.

Mr. Azeemi is frequently invited to lecture in several Pakistani and other international universities and educational institutes. Mr. Azeemi has given lectures at Glasgow University, the Spiritual Headquarters of West Arthur Findlay College in the United Kingdom, Karachi University, Faisalabad Agricultural University, Punjab University,Lahore, Baha Uddin Zakaria University, Multan, Lahore Bar Council, King Edward Medical College, Lahore, Nishtar Medical College, Multan, Town Hall Waltham (UK), and to students of other institutes.

The "Khwaja Shams Uddin Azeemi Educational Society" has estab¬lished Azeemi Public Schools in Surjani Town in order to provide modern educational facilities to the children of low income families. The purpose of the society is to give rise to the spiritual and Quranic sciences along with the physical sciences. This society will establish high level eduational institutes, libraries, and research facilities.

In several centres within Pakistan and abroad, the problems of people are solved with the help of Roohani (spiritual) Phone Service. God be praised! So far, Mr. Azeemi has solved the problems of approximately 1,800,000 (one million eight hundred thousand) people through letters.



Mr. Khwaja Shams Uddin Azeemi says: "... the main purpose of life and the goal of life is that men and women can become aware of the legacy of the prophets which is spiritual knowledge, so that they can draw closer to God and so that humans can live a peaceful life." His eldest son, Dr. Waqar Yousef Azeemi, who is also a columnist for the Daily Jang, the largest circulating Urdu newspaper of Pakistan, and author of books such as Order Azeemia and the Investigational Overview of its Literary and Social Services. This book was his research dissertation for the PhD. He has also authored the book Teacher. He earned his PhD from Karachi University in 2006. He is also responsible for the administration of the Sufi Order Azeemia. In addition, he is a member of APNS (All Pakistan Newspaper Service) and Editor of the Monthly Roohani Digest. The exhaustive list of books by Khwaja Sharzis Uddin Azeemi and the address where they can be ordered is givers at the end of this book.



FROM THE TRANSLATOR'S DESK

As a ninth-grader I was inspired by the way Mathew Star of the popular English serial "Powers of Mathew Star" used his telepathic powers to help people. It was 1984 and I wanted to have the power to do likewise. Later, thinking about Star's program, I saw my mother's Copy of the Roohani Digest, and inside, found an advertisement to "Learn : Telepathy." The Divine timing in providing a teacher stunned me, for the ad led me to Shaikh Khwaja Shams Uddin Azeemi and to a total change in my life. I learned that mastering telepathy is like learning the ABC's of spiritual science and is of value only as a part of one's search for self and God. Since then I have been a member of the 'Azeemia Order, and through many ups and downs Shaikh Azeemi and the Azeemia Order have been there to guide me.

In Karachi I volunteered for tasks at the Central Meditation Hall of the Azeemia Order, and since immigrating to Canada in 2002 have been active in the Mississauga Meditation Centre. The Azeemia Order has provided guidance, including helpful books on spirituality, a loving family of Azeemi brothers and sisters, and an environment that inspires one to give deep thought to finding oneself and God.

Many people are needed for the design, layout, editing, and printing of a translation of this magnitude. First, I would like to thank Dr. Harold Raley and David Raley of Kingsley Literary Services of Houston, Texas for the excellent editing and book layout. I am grateful to Rasheeda Jilani of the Healing Centre of Canada, Mr. Ehtishamul-Haque, and Mr. Shahzad Malik for their encouragement and support. Likewise, I am indebted to Mr. Kamran Basit, Office Secretary of Markazi Muraqaba Hall, for his great help in designing the book cover. I also thank Mr. Azmat who worked on the design of the title. I am also thankful to my wife who encouraged me thoughout my project.



I am supremely grateful to Shaikh Khwaja Shams Uddin Azeemi for granting his permission and entrusting this project to me. I thank him for his suggestions and advice. Lastly, I am thankful to God for giving me as my great spiritual teacher Shaikh Khwaja Shams Uddin Azeemi and for endowing me with the ability to complete my task.

Amir J. Sani Azeemi

Toronto, Canada

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1. Energy

According to the revealed books, the best way to obtain peace is that, not to get angry and not to become vexed over anything. Do not fall short in your efforts and do not keep an eye on the results. Study the laws of life in which the nations on earth live. There are no defects in the laws of nature. Everything is totally dependent on time. Things work and act as time impels them to do and act. As soon as time detaches itself from the object, the energy in the objects ends. All parts of the body remain, but energy does not. Time is the display of power. Power is energy and the centre, and this centre is introduced as "Nature" in the holy books. Nature is such a central point that all people of the universe are attached to it. Existence and non-existence are both swallowed up in it. When a human finds his relationship with this central point and the relationship with God, then all his expectations concerning this world vanish. And when this happens, then the cheerful and happy life starts around him, and the eye of death looks on him us a loving mother and asks his permission before coming closer to him.



2. Atom

It has been said that this world has been destroyed a number of times, specifically it has been said that it has been destroyed sixteen times and then repopulated afterwards. Beautiful, colourful, and decorated with gardens, attractive snowy mountains, and crystalline waterfalls, this world, which is the home of the beautiful sun and rays of the moon, is now under the threat of forty thousand atomic bombs and stands breathless at the edge of death. What kind of development is this, that we have made a volcano our destination? In the end, the enchantment of this kind of development will vanish. This has happened before. Those nations that were unaware of the formulae of existence and nonexistence were removed from the earth and now no one even knows about them. Just think of it! Destruction is pursuing us, and we are all too happy to give the name of development to this destruction. One day the people who are responsible for this development must realise that atomic weapons are not development but instead are the blazing kiln for mankind. The billions that could have been used for the betterment of mankind have been wasted in the hands of these hostile scientists to develop nuclear weapons. Now one will come who will give us freedom and he will convert this deadly enchantment into ashes so that human beings can live a happy and peaceful life.



4. East and West

The waves that work in the conscious mind are triangular in shape whereas those that work in the subconscious mind are circular. The movement of earth depends on two types of motion. The motion on one side is called linear movement, and the motion on the other side is ~ ul led rotational movement. Thus, when the earth moves in its orbit, it does so linearly at an angle, but in rotational motion it moves like a top. The linear motion is a triangle, whereas rotational motion is a circle. There are three types of higher creatures on our earth: Humans, Jinns, and Elementary Angels. In the creation of man, in terms of the fleshly body, the triangle is predominant; in the creation of Jinns the circle is more important; and in Angels the circle is even more predominant than in the case of Jinns. Humans have two aspects: the predominant triangle and the subdued circle. When the circle overcomes the triangle in a person, then that person becomes aware of Jinns, Angels, and other creations settled on other planets. Not only this, but he can also communicate with them. The linear motion only occurs in an east-west direction, whereas the rotational movement is always in a north south direction.



4. Spatial Wire

Some astronauts have gone into space. They report that at an altitude over a hundred miles you feel weightlessness. But if you want know the truth or reality is, you will see that three and a half billion people, along with quadruped animals, are all hanging by their fi from earth. But humans say they are walking on their feet on earl Now, if you think deeply about it, you will see how wrong this perception is! Since people are present on earth, they are all unaware of t reality of their situation. They say and believe that humans walk on t earth by their feet. But the question is, if they are hanging from earth by their feet, then how can they also walk on them? The condition hanging is totally compelling, and in the state of compelling hum intention has no meaning, which means that humans do not ha movement of their own. This can be understood by realizing that t wires that are tied around human ankles move and cause the feet move. These wires have nothing to do with human intention, I humans are not even aware of them. Yet despite these blunders understanding, people claim that their head is elevated and their fi are below and that they walk about on them. The truth is that in making this claim they make themselves into a banwa, a denier of reality,) they insist that this banwa is real.



4. Sounding Clay

God says in the Quran: "This book guides those who have voluptuousness in God." And elsewhere God declares: "I have made the Human with sounding clay." Here God explains the nature of this sand as space or a vacuum. It is important to understand that voluptuousness has no weight, and neither does distance have anything to do with it. The borders of the earth and sky place no limitations on voluptuousness, nor does time restrict it. This interest or voluptuousness is actually in motion, yet a person does not become aware of it until he is introduced to it. When he is introduced to it, however, he comes to see that it is what being human is really all about. This voluptuousness is completely free in the universe; it is the head of angels, God's best creation, and His assistant. It is not bound to walk on his feet and hold anything in his hand, nor is he limited to seeing with his eyes or hearing with his ears. He himself has created all the nonsense and then makes the drumming sound that as a human I am totally helpless.



6. Outcome

This period of time in which you and we are struggling and living; unfortunate life is one in which everywhere we can see the incursion of materialism, which is slowly and gradually moving towards its end. The intense light of materialism implies a darkness of vision and pathetic effect, but it lacks elegance and spiritual vision. Materialism does not offer serenity, so the edifice built on a base of materialism w not be everlasting. One day it will collapse. This is the system of nature and there is no remedy for it. It is the obligation of Muslims to try their best to learn the worldly or scientific knowledge and its excellent virtues and so designate themselves for the topmost positions in t. world. Yet it should not be forgotten that this materialistic development and the wealthy life are not the only purpose of life. We should concentrate our efforts more on our vision of the soul than on the visit of the body.

As Alama Iqbal, the Poet of the East, declares:

Pray that God will give us a heart that can see Him.

For the light of the eye that sees the world

Is not the divine light of the heart that sees God.



7- Qualities

Every name of God is an attribute of God, and every name of God, according to the law of nature, is active. Every attribute has power and life in it. When we repeatedly say any name of God then it becomes necessary that the power and effect of the name come forth. If we do not get the expected results then we should look at our negligence and wrong behaviour. We all know that during the treatment of qtly disease along with the medicines we have to practice abstinence from certain things. If we do not abstain from them, the medicine will not have any effect on us. In the disease of negligence and wrong behaviour the abstinence that is required involves legal and lawful employment, hatred of lies and love of truth, love for the creatures of (ad, uniformity in what is apparent and what is hidden, hatred for hypocrisy, abstinence for the breach of peace, and avoidance of feelings of pride. Any person who is a hypocrite and hardhearted and who feels or thinks that he is superior to other creatures of God and that other creatures are inferior to him can never enjoy the benefits of godly attributes. Before repeating any name of God it is important that one confirm to all the qualities described above.



8. Ecstasy

Until we make use of philosophical understanding and logical proof for understanding religion and God, we will not get any result, for in order to understand the latent eternal power we must know our spiritual mind. So it proves that the actual base of religion, that is, later eternal power and truth, is our non-conscious belief and rapture. When we take a step forward in rapture then nature guides us and wisdom follows it. This is an observation revealed to people by the world of rapture; they believe so strongly in God that no matter what logic may 1: presented to them about the non-existence of God, their belief and way of thinking does not change. This reality guides us in this rapture in such a world in which at every second and every moment the realities imprint themselves. The person who travels in the world of rapture ca see those things that cannot be seen by the person who relies on his own wisdom.



9. Destination

For believers are those who when Allah is mentioned feel a tremor in their hearts, and when they hear His revelations rehearsed find /heir faith strengthened and put (all) their trust in their Lord (chapter AL-ANFAL, Verse 2, Quran). To escape darkness, to get rid of the life of grief and sadness, to become powerful internationally, to make your mind and heart a residence of divine light of God, and to understand the system of Providence and the creation of God, one should read every word of the revealed book of the universe. Every single part of the revealed book is described in detail in the Quran. On the one hand, the Quran has formulae for conquering the universe, and on the other, it contains the instruction of how humans should live their lives. This book shows us the ways and the rules, and if we follow them, then humiliation can be converted into honour, defeat into victory, weakness into power, poverty into wealth, and dispersion into unity. The law of God is universal, and it is for everyone. Just as one can make new things by using preset formulae, so by thinking deeply in the revealed book, one can decide his or her destination.



10. Universal Mission

In spirituality one vision which sees the unseen is called `Journey." The vision of journey sees that the collective programme of the universe i; engraved on the preserved scripture and that this preserved scripture by the enlightenment of God, is displayed in countless worlds Approximately 11,500 species, if not more beyond human counting capability, make up with their numbers beyond count the parts of the universe. This universal machine is running in a circle. Its activity starts from the indivisible entity and goes on to the everlasting invisible power. Sky, earth, trees, mountains, quadrupeds, birds, insects, angels jinns, and humans are all members of this magnificent system. Because of their combined movement this disciplined system is continuously active. Humans are the only ones who know of this disciplined universal system. No other species has this knowledge.



11. Cash Cheque

Let us consider an example: suppose the Creator of man deposited one hundred thousand rupees in the same manner that one would deposit them in a bank. Man struggles to use this resource. As the effort and the struggle moves on successfully, he keeps receiving the money and thus fulfills his needs. But it is an undeniable truth that if the universal film (the preserved scripture) does not have the record of the resources and the currency is not fixed in the preserved scripture, (lien the film which is being displayed will remain incomplete. A man lugs tens of millions of foreign exchange in his name in the bank, but if lie does not use it then the money he has will not benefit him at all. Effort and struggle are like a cheque. Just as we write a cheque to get money out of a bank, so to earn money struggle and effort are necessity to get resources from the preserved scripture (*Loh-e-Mehfooz*).



As the sun rises on the 14th of August, its light contains one message: that one nation should get freedom from another nation and make a state providing welfare for its generation. Nature opened its treasures to the poor nation so that it cannot complain about the scarcity of resources nor point to it as a hurdle in providing welfare for its generation. One generation ends, and another after being young heads towards old age. And yet another generation is beginning its youthful phase. Angels inspire all three generations, but as the rewards of nature become common, the nation's greed for money and possessions increases. This greed now becomes a cancer for the nation. The history of the rise and fall of nations tells us that only those nations of earth survive who remember their past and monitor their doings in the present.



13. The Science of the Holy Book

God did not make man to be a stationary and silent cage, but a talking, moving, eating, drinking, and thinking human being. One of his footsteps covers the distance from the empyrean (Ursh). The eye of it needle and the openness of the sky, the distance from one star to another, these distances have only one meaning for him. He neither %tops anywhere nor allows himself to be distracted on his way. The only deplorable thing is that he doesn't know himself who he is and what the universe is? The unveiling of all these secrets is the greatest blessing that Prophet Muhammad (PB.U.H.) bestowed on mankind. Prophet Muhammad (P.B.U.H.) did not unveil these secrets on his own, but rather God unveiled them on Prophet Muhammad (P.B.U.H.) who then recorded them in the form of the Quran. He handed over this deposit to mankind contingent on his struggle and hard work throughout his Ilk. How well humanity took care of this deposit is very apparent. God says this knowledge is the knowledge of the book, and every human can take advantage of it whether his name be Zaid or Baqar.



14. The Spiritual Man

By meditation a person becomes aware of the unseen world the same way he becomes aware of the apparent world. When the devotee or spiritual student enters the unseen world just as he lives his life this material world and fulfills all his life needs, so in a similar way visualizes the solar system and an infinite number of other heaves bodies. And by so doing he is introduced to the Angels. All these realities of which the universe is created come before him. He also s~ what types of light are used and are active in the creation of the u verse. He discovers the source of these lights, how they are create how they are distributed among different peoples of the universe, a how the engraving of the universe is changed by varying the quant of light. The spiritual eye also sees that the source of light is luminescence. He also becomes aware of the tajalli, which is supporting t luminescence, which in turn sustains the lights.



15. Quietude

Why is negative thinking so common? Why is man not happy about the things and blessings he already has? Why is he struggling to fulfill wishes, which to obtain he must depart from a balanced way of life? The only answer to these questions is that we are deprived of the blessings of patience and contentment. The Quran says those who are not thankful, who do not love patience, who do not have contentment, will find that in this transitory universe peace, safety, and satisfaction hide behind thick veils. Peace and happiness are not external things. They are internal. When we become aware of this internal feeling then peace and happiness start falling on us. After knowing this universal way of thinking, a person gets liberation from misfortune, perplexity, and difficulty in life and becomes aware of the real happiness owl freshness, which are the right and heritage of people.



16. Fear and Grief

There is a law that fear creates a wall of separation between one m; and another, or a man and a woman, or a man and the serpent. Contradistinction, love creates a state of closeness. God, Bhagwaa Nirwaan, Allah, Eiliya, the invisible eternal power is the guardian at watcher, the origin and end of every common and special person. It w fear of the guardian nature and everlasting personality that cast man away in the deep sea. Love creates the sense of closeness. So according to how much you love the everlasting personality of God, God will lo, you ten times more than you love Him. The attribute of friendship closeness, not separation. A friend is never afraid of or grieved by friend. The sons and daughters of Prophet Adam and Eve (M.G.P.B.U.T.) should vow as of today that they will not let themselves be afraid of God, that they will love God because of God is saying hir, self that "the friends of God do not have fear and grief."



17. Acquaintance

As Adam was created from sand, so every human was created from sand, and we bury sand in sand. A beautiful statue on which everyone wants to sacrifice his life and before which people go into frenzy is actually made up of sand particles. The bowl from which people drink the wine of love is also made of sand. How beautiful and wondrous the work of God who makes different faces from the same sand, then mixes them into the same sand and recreates them. There is evidence of this for those who really want to know and understand the Creator of the universe. The tumbled nature of Adam is also very odd; he left the splendorous stream of wine deserted in heaven and said goodbye to the different types of flowers and gardens and the singing or chirping of birds in heaven. Adam does not satisfy on any single point. When he became confounded, then he left paradise and came to earth. And as lie does so his temperament alters and changes at every moment and second.



18. Servant

It is the right of God to let humans acquire knowledge of the attributes of God. A person's heart should be brim full with the love God. And he must have a desire to worship and an interest in exploring the knowledge of God. The relationship of a person with G should be established in such a way that the interest in worship shot go deep in his spirit. In this way the person with all his senses und, stands that his relationship with God is such that it cannot be broken halted, or ended at any moment, second, or time. This attribute is also included in the rights of God and a person should be aware of it. I heart should bear witness that in the spiritual world I have taken oath that my Lord is someone who made me, who gave me features a who nourishes me and provides me with all the resources for my Ii He is my God, and I have vowed to Him that in my life regardless the world I am in, I will live as His obedient servant.



19. Tear

Who says that worship of wealth and idol worship are two different things? To worship gold and to worship stone is the same thing. The idols are made of stone and sand and gold and silver are but smother form of sand. The love of gold, silver, and jewelry has blinded the nations. The hoarding of wealth has become the criteria of a good family and nobility, and the desire for wealth has ruined human values. Ethics, gentility, and national tradition have become a deposit of debris. And it has led to the disbelief of life after death. The whole nation can he described as "BABAR BAYEESH KOASH KAY ALAM DOBARA NEEST" (Babar, enjoy the pleasures of this world while you may, for you shall pass through it only once; all your reward is present in it, and after it there is nothing). Spiritual values are being destroyed and moral evils developed instead. When the friends of God raise their voice against these acts the nation shuts its ears and mouth. The good people of the nation weep because of this situation, but Satan laughs about his success.



20. Friend of God.

The spirit has demands just as the body has. The spiritual demand stir the human consciousness to fulfill these demands. Spiritual requirements and their fulfillment are more important than the requirements of the physical body, and they are also result-oriented. T. results, in comparison to the requirements of the physical body, are continuous and magnificent. One of the most important spirit demands, which are created in every human being, is, among of demands, that a person feels that he must establish a contact with Creator and must feel the joy and happiness that come as a result of closeness and contact. God states in the Quran that "the friends of God are neither afraid nor have they any fear."



21. The Marital Life

This is a custom of forbearance, patience, and wisdom that a man should try to forgo matters and live together happily with his wife. It is possible that God may give certain blessings to him because of his wife and which he cannot attain on his own. Because of her faith, character, and moral attitude, an honest wife is a blessing for the whole family. As such it is possible that she may give birth to a child of pure spirit who may become a guide and a blessing to the whole world. A good wife of good nature can be effective in correcting her husband's life. Such a wife brings her family closer to heaven. Such a fortunate wife gives man resources, money, and a happy life. Therefore, do not impatiently destroy your married life because your wife has some apparent defect, but use your wisdom and act skillfully. By doing so, you can change the gloomy environment of your home into a pleasant surroundings.



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22. The Waves of Ego

The system or way of talking among humans has been present sing the creation and very beginning of the world. The sound way that have predefined meanings inform the listeners. This way mimics, the way the waves of the Ego (Anna ki Labrain) operate. It is a common observation that a dumb or mute person says everything just by slight movement of his lips, and the people who are capable of understanding the meaning of those lip movements can understand ever thing he says. This way of talking is also a copy of the earlier method Animals inform other animals about their condition without making any sound at all. Here again the Ego waves play a role. Trees also converse with one another, and this conversation takes place not on among trees close by but also among trees located thousands of mil apart. And the same law works with stones; pebbles, stones, and sat particles exchange thoughts in the same way.



23. Dream

Half of our life is dreams, and they tell us that there are senses in humans that reveal the unseen world to them. In dreams or in the sense of dream time and space do not control us but rather we control them. Because dreams are not subject to the limitations of time and space, we visualize those facts or circumstances in dreams that are free of time and space. The heavenly books contain many dreams that give us indications about the future and invite humankind to think deeply about it. According to the Quran, the revelation of the unseen in a dream is not limited to the Prophets (Peace Be Upon Them). Any person can take advantage of this law of God.



24. Dye

The ability of a falcon to fly is also dependent on sand because h: body parts were also created by a different combination of this san (which is actually a different combination of colors and lights). The secret of creation is that the command of God is active in the Banc which presents the sand in different shapes after shaping them in different hues. Pebbles, stones, plants, different types of animals, and humans are actually different dyes. The creation of everything in the universe is being done through dyes. As we make a bird by putting, plastic in the bird dye and a pigeon by putting the pigeon in the pigeon dye, so the ingredients (matter) in the dye made by nature go into it i a very specific way and new faces come into being.



25. The Name of the Spirit

When we study ourselves we say that we have a limited and mortal body, and this is the only identification of our life. This body, which is visible to us, is made of ingredients that are impurity, stench, fetidness, and rottenness. The basis of this rottenness arises from the theory that I believe that I am matter and that I was born of this materialistic world. This limited vision confined man to a particular place. Every person sees himself in the knitted network of limitations, which is how the foundation of the theory of limitation is laid down. When anyone living on earth talks about himself or herself, he or she says that I am a Muslim, or I am a Hindu, or Persian, or Christian. But the spirit does not have such names. Light is just light everywhere whether it is in Arabia, Persia, Europe, or in any part of Asia.

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26. Faces

A11 the periods of human life are recorded in the Preserved Script (Loh-e-Mehfooz). Every particle of the universe is the detailed picture of this record. If you go deep into the existence of a particle will find a clue of this record. Similarly, stones contain a film about creation of stones. This film can be seen only by delving into the stone itself. By going over this film a spiritual person comes to know details about past or future events. The creative formulae in Ad have been working along the same pattern since the beginning of universe. With the passage of time these formulae undergo apparent changes in vibration, but their base does not change at all. The human dispositions, for example, grief, violence, love, sex, etc. are the same but the appearance of these dispositions in different eras undergo change.



27. Good and Bad

When God awarded Adam his vice regency, the angels said to God that Adam would be given to mayhem on the earth. But He made known to the angels that along with the attributes of quarrelsomeness and mischievousmaking, Adam also had the potential for doing good deeds. God asked Adam to tell the creative attributes of God. And when Adam described the creative attributes and formulae at work in creation (the Names of God), then the angels exclaimed loudly "You are pure and noble, and we do not know anything except what you have bestowed on us. No doubt, You are the only one who knows everything. After deep deliberation on the matter, we can say that whatever the angels said God did not deny. The point is that until the descendents or children of Adam lack knowledge of the attributes of God, they are completely a symbol of brawling and quarrelsomeness. But after they acquire the knowledge of the attributes of God they become the symbol of peace.



28. Circle

The senses by which we see the things that are confined in the gravitational pull are called conscious senses, and the senses that are 4 of gravitational forces are called subconscious senses. Consciousness and subconsciousness reside on waves. Those waves that work in conscious senses are triangular in shape, and the waves that work in subconscious senses are circular in shape. In the conscious senses we confined in time and space, while in the subconscious senses we are i from time and space. These two senses are like a card. There is only one kind of writing on each side of the card is enlightened and more visible whilst the writing on the other side of the card is dim and unclear.



The unseen world is more important than the visible world. It is very important to understand the unseen world (Ghaib). What we call religion or faith is actually an indication of the unseen world. Yet religion discusses the apparent of visible world, but the visible is not in any way important at any time. The reason is that materialistic things go the way of mortality and the way itself is mortal. As a lover or devotee of God believes in the unseen world, so the lover of the material believes in the materialistic world. The devotee or lover of God cannot live happily without having a strong faith in the unseen world, any more than the worshiper of the materialistic world cannot live in harmony without having a good belief in materiality. They both have the same pattern and have one thing in common, which is that their belief depends on this pattern. They call this belief their life, and no life is possible for them without belief, regardless of whether that life is the life of the godly devout or lover of God or the lover of the materialistic world.



30. Aerial Globe

What is imagination? Where does thought come from? It important to understand these things. If we ignore these questions then many realities will remain hidden and the chain of truth which is linked to understanding this problem will remain unknown. Whenever a thought comes to mind it has some universal reason. The incoming thoughts prove that some vibration has occurred in the brain. This vibration is not the vibration of the brain itself but is related those wires of the universe that moves the system of the universe in particular pattern. For example, a strong wind current means that some vibration has occurred in the atmosphere. Similarly, when at thought comes in the human mind it means that some vibration h occurred in the subconscious mind to cause the understanding of this phenomenon to be dependent on the human brain itself.



1 1. The Sub-subconscious

If we categorize the customary or current sciences in this world, we can divide them into three parts: physics, psychology, and parapsychology. The knowledge of physics covers those activities of life that can give limited benefit to the person. The axis of thinking of such a person is matter. Such a person can never come out of the materialistic shell. The knowledge of psychology works behind the knowledge of physics. The knowledge of psychology ties together the knowledge of thought, imagination, and feeling. Parapsychology is the name of that base of knowledge that is known as "Source of Information" in spiritualism. Intellectually this agency works in the background of the subconscious mind.

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32. Inheritance

It is said that humans need to be grounded in some kind of belief order to live their life. The surrounding circumstances and parent teachings create a pattern of belief in the mind of a child that then becomes his or her own belief. The basis of all theory depends on this principle. Without it the impressions, events, and feelings do not flu a place in belief. All our philosophy and all our physical science a based on this equation. But when we look closely at the mental and inner life of humanity, then we are compelled to accept the fact th only a small portion of our life is grasped by our wisdom. Whatever have is a result of things that we have heard and seen in our childhood and is the result of the feelings that we inherited from our parents.

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33. Luminous Divine Light

Aluminous light comes from preserved scripture (Loh-e-Mehfooz), which then spreads all over the universe. It contains all kinds of information that is then given to every single particle of the universe. This information includes taste, smell, hearing, vision, feel, imagination, etc. Also, every part of life and every movement and feeling remain present in their complete form in this information. There is only one way to receive this information in its correct form, and that way is that a person in all matters and in all conditions should maintain in attitude of contentment. The things that distort this information are a person's expediencies. A state of being in which there are no expediencies is one in which there will be contentment and unbiased behaviour. This is to be taken as a sign of God. Students of spiritualism should keep in mind that in learning about spirituality they should not have any other aim in mind except God. Any other aim besides God or sharing Him with anything else is infidelity.



34. Plants and Rocks

Qalander Baba Auliya says there is only one subconscious mind working in the universe. With this mind the waves of the unseen world and those of observation (Shahood) comprehend each other e, though they may exist at opposite ends of the earth. Thus the understanding of the unseen world and the observable phenomena are the stream of the universe. In this life stream of the universe, which is our life stream as well, we can engage in deep thinking, and with the proper concentration we can reveal conditions and the different symptom of our planet and other planets. We can reveal the imaginings humans and animals, the activities of Jinns and Angels, and the internal activities of plants, minerals, and rocks. By continuous concentration the brain melds with the universal subconscious, and then the Al becomes free from ego and sees and understands everything accord: to need and also saves it in the conscious mind.



35. The Morning Breeze

The colors of the atmosphere, the lights that protect life, the different types of gasses, the assembly of stares in the blue sky, the bright moon in the dark night, the sun which gives the day its light, air, fragrant dawn, the singing of the trees, the songs of birds, the call of the nightingale, the voice of the cuckoo, the ebb and flow of floods, the pathways for lightning and thunder, who made these things? Can you command the clouds so they do not send rain upon you? Who gave wisdom and intelligence to the heart? And who gave freedom to the deer? If we interpret these things on the basis of dignity and greatness, then we cannot say that we do not possess anything in ourselves. For in fact our body itself has infinite signs, which we cannot deny and which are signs for people of wisdom. So the question is, is there anybody who wants to understand?



36. The Luminous Divine Light and Hell

When I grew up and came into full use of my senses, I came to see that we are trying to resolve our problems by supplication (Dua) alone. We sometimes do general supplication and at other times supplication of a more specific and particular sort. More than half a century has passed, and I have never seen that as a nation our supplicate for victory over the infidel nation has been accepted by God. Why this so? The supplications are not accepted because there is no action with the supplication, and the law of creation is that action itself is creation. Ever since we stopped taking action and became dependent on supplication only the divine light depart from us and the fire foul us to be a morsel of rich fuel. Oh, preachers! Oh, people of the pulp: Oh, intellectuals of the nation! For God's sake, wake up the sleeping nation and tell them that those nations that do not act become cripple irritated, and enslaved.



37. Prayer

Whenever the Quran talks about Prayer (Namaz) it says that a contact should be established. It does not say that prayer (Namaz) should be read. There is a great difference between reading a prayer and establishing a contact in prayer. The Namaz-e-Khwandan is a very common expression among fire-worshippers, and when they bow down before a fire after reading their book Zend-Avesta, they call it reading a prayer, or Namaz-e-Khwandan. When the Arabic words whose meaning was "establish a contact" were translated into Urdu they were translated as "read prayer." In fact, the translation of the word "contact" (Salaat) should have been "contact" in the same way that Kalima (statement of belief) Tayaba was translated to Kalima Tayaba, the translation of God is translated to God, the translation of Rebman (Gracious), a name of God, was translated to Rehman, just as the translation of l'aighumber (messenger of God) is the same, and the translation of prophet is the same. According to the Quran, the words which say "establish a contact" (Ageemus Salaat) have been translated to "read the prayer," which changes its meaning completely.



38. Self Audit

Those who charge interest, those who pay interest, and those who a living on an interest-based economy are enemies of God who are a state of war with God. All Muslims pray Namaz, do fasting, and perform Hajj. They also give alms, but it is very surprising to me how the prayers of those who are enemies of God can pray in any way at all, f when one is in a state of war with God, how can he or she receive the blessing of fasting. When God has declared that such people are H enemies, then why do they perform the circumambulation around the Holy Kaaba, and how these people can be benefited and enlighten (with the blessings of divine light from the Holy Kaaba? History is great witness that those nations that have mocked God's rules ha, been put down and humiliated by His hand. Therefore, does the tin not come when we must check and analyze our inner and outer action.



39. The Physical Body

Just as there is a physical body, so there is another body that covers and remains with the fleshly body. This body is called the Aura. The physical body depends totally upon this aural body which is made of light. The physical body remains healthy as long as the aural body of light is healthy. All the desires associated with life arise not from the physical body but from the body of light, from which they are transferred and make their appearance in the physical body. When a person cats bread we see that the physical body is eating the bread. This is not true; not until the body of light has a feeling of hunger and so informs the physical body with the sensation of hunger does the person eat any bread.



40. Future

In dreams one gets information about how to keep oneself safe f forthcoming accidents; by adopting proper safety measures, one saves oneself from those accidents. Sometimes even in the waking state sixth sense of a person alerts one to these approaching accidents. Many persons experience this type of event. The description of such events tends to be similar. These experiences arise in consciousness; then mind enters into the subconscious from the time-dependent conscious mind and senses the upcoming accident. But all this happens uninten- tionally. If, therefore, we can control these occurrences by meditation and attach our feelings to our intentions, then we can easily study foresee future events while in the waking state.



41. Pious

Hudal-lil-Muttagiin; 'Allaziina yu'-minuuna bil Gaybi (This book sheds Light on those whose hearts are turned to God). *Gayb* means those truths which are not apparent to the natural observation of a man, and all such truths are related to the knowledge of God. The meaning of belief is certainty or assurance. The meaning of certainty is that truth which always wanders and seeks, not because the search brings remuneration but because it seeks to satisfy the longing. The meaning of Muttaqi is that person who uses his wisdom to deepen his understanding of all things and at the same time does not allow skepticism to come close to him. He is careful about God that no aspect of the universe can deceive him. He recognizes God very distinctly and knows His handiwork very distinctly.



42. Clear and Evident Book

And what do you understand by the superior life, and what do you and stand by the inferior life? It is a record. The knowledge of truth a spiritual science guide us and tell us that if we wish to know ourselves then it is of the utmost importance for us to peer into our past. Before coming into the mother's womb the baby was in Alam-e-BurzaA Alam-e-Burzakh is an imprint of preserved scripture (Loh-e-mehfoo). This preserved scripture is a page from the clear and evident bo (Kitab-ul-Mubeen). The clear and evident book is the world of souls, and the world of souls was that world which when God said come into being (Kun), the world of souls came into being. Life after death is actually first step towards this world of souls. Those people who try to seat for this world, who try to see and understand it according to the law God, will receive vision and prudence by which they are enabled to and understand the world of souls.



43. The Qalander Consciousness

One way a human can live life is to live every moment of it entrapped in limited senses. The second way of living life is for a person to live free of the limitations of senses though living within them. Feelings of grief and sorrow do not affect such a person. The dazzling resources of earth do not attract him because the superior world of heaven, which is far away from this earth, is higher and fore most by comparison. In the same way he eats bread when confined to the physical body, so he plucks the grapes from the gardens of heaven once he is freed from materialism. When such a person becomes complete in self knowing, then new ways of life, new avenues and arrangements of life, are revealed to him. This type of person is known as a "Free Man" who holds the consciousness of Qalander.

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44. Scissor

Don't dirty your tongue with abusive and evil talk. Do not engage in backbiting. Backbiting is like a brother who eats the flesh of another brother. Do not mock others, for it creates a sediment and darkness in the mind. Do not complain, for complaints cuts love lii scissors. Do not make fun of anyone because belittling others fosters superiority complex in the belittler, a destructive complex in whit Satan is involved. Do not try to prove yourself superior, for thereby you will drive good people away from you and attract instead flatterers and hypocrites. One day you will fall from the highest heaven to the ground. Do not indulge in witticisms and do not taunt others. Nor swear about little things, for by such acts you will ruin your character and be deprived of the love of people.



45. The Secrets of Nature

Belief is an essence whose sweetness and taste is better than anything of this world. But this sweetness and taste is only for that person who loves God above all else. A person who loves things other than, God is not, of course, a true lover of God. When we speak of love then we know that love imposes certain demands, one of which is that love demands sacrifice. Everyone knows that love is a state of heart and so that physical eyes cannot see, yet by his actions one can see whether person is in love or not. If someone says overtly that he loves his sweet heart but does not prove himself when it comes time to sacrifice, the no doubt his love will not be acceptable.

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46. The Deception of Sight

Today's science after research and struggle has come to a point where it says that the whole universe is a display of one energy or power. Yet this disclosure is not new. Many people in our ancestral past have described a picture of man as being built on colours of different kinds of thoughts. It is thought that puts us in the embrace of a happy life or in the grip of a sorrowful, grievous life. It is said that science has reached its zenith, but what scientists are saying now was said a thousand years ago by the standard bearer of spirituality. The people who follow him are still preaching his teachings, which is their mission. This mission is that life is not based on matter but on waves. These waves cover themselves with thoughts and become the basis of existence of everything. We cannot see anything in this picture that is made of matter, which is nothing but deceit.



47. Art

As elders, we always complain that the young do not respect elders. They do not have that love and sense of shame on which an exemplary society can be built. For God's sake look into yourself and see how many of your words and deeds differ from each other. Even though it is within our power to change our hypocritical life, we sit idle. We expect our children to do those things that we do not do ourselves. If a father is confined to a prohibited life of lying, then how can he expect his children to live an honest and pure life? Children are not horn killers or thieves who carry the seeds of hypocrisy and smuggling from their mother's womb. Whatever they saw their elders do they turned it into an art.



48. The Veil

The existence of life is based on breath. As long as breath lasts, continues, and as soon as the breathing process stops, then apparently life comes to an end. The breath goes in and then comes out. Therefore, from the spiritual point of view when we inhale we c closer to our inner self, and when we exhale we are temporarily fan from our soul. When we inhale we come closer to eternal existence, when we exhale we feel that we are removed from eternal existence This means that inhalation and exhalation form a veil between materialistic and eternal life. When we pull in breath, then we establish our relationship with eternal life, and when we expel breath establish our relationship with the materialistic world.



49. The Impressions

Some faces are such that when they come before us we feel happy a joyous, and when other faces appear before us we feel displease from the waves they emit. Those people whose hearts are full of divine luminous light and their minds are filled with sincerity, sacrifice, love, purity, and a passion to serve God's creation have faces that are go looking, pure, and innocent. Their faces have such magnetism that everyone wants to get closer to them. On the other hand, those we have feelings of sinfulness, who are disturbed and impatient, who has faces that show harshness, asperity, dryness, aridity, inharmoniousness, and disgusting impressions arouse a desire in other people to stay aw from them.



50. The Pillar of Fire

In all ages wise people have opposed the greed of money. The Quran calls it Hatma, (Fire) which rises like a pillar and reaches all the way into the heart and turns a man to ashes. The wealth that is not Hatma is like a bright sun, a night full of stars, cool like the moon, and sweet as the fragrant air and a peaceful heart. People who are fortunate enough to be satisfied in their heart and in their creative thinking are like the thinking of God. They see God's Luminous Divine Light in everything. Their life is like a picture of pure and bright thoughts without impurity. The doors that lead to the torture cells of error and greed remain closed to them. Their life has a taste like that of a nursing baby in the mother's lap.



51. Slavery

If we contemplate deeply the way of thinking of those nations which terrify us but which we are in need of, then we will see that it is crystal clear the purpose of all the scientific development is that one nation could get all the power and authority while all other human beings would become poor and destitute. This scientific development does not have as its intention the betterment of humanity, which is why all these scientific developments have brought misery and distress not only for all individual human beings but also for those nations that have struggled and developed new things following scientific research. This perplexity and distress will one day make this earth a hell.



52. Dust Bin

When water vapour evaporates from the sea it becomes a clot and from there when it falls on the deserts it again evaporates the air. When it falls in the garden it goes on the flowers as dew. From there it comes into the stomach and becomes part of the physical boy and then it either remains in the body or it comes out of the body. Now if it goes again into the sea that means it comes back to its original place. Therefore, the existence of a water droplet continues in some form. If water can stay viable as a compound, then the spirit, which has a primary status, should stay alive to a greater degree. The sun rays take the fallen water droplets in the thirsty desert away from the des and carry it away to the higher elevations of the sky. In the same w all the water droplets of life, which fall into the physical body return the infinite world beyond space.



53. Sincerity

It is a saying of Prophet Muhammad (RB.U.H.) that there are some people among the bondsmen of God who are not martyred, whom God will elevate on Judgment Day to such a great degree the prophets and martyrs will envy them their degree and status. The associates of the Prophet ask, Oh, Prophet of God! Who will be ti people? The Prophet replied: these are the people who used to love another and other people purely because of God. They are not e related to one another, nor did they have any sort of dealings with another. I swear to God that on the Day of Judgment their faces be glittered with the divine luminous light. When everyone tremble with fear and all are overtaken with sadness, these people will not I any kind of grief or sorrow.

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51. Developed Time Period

In today's developed world despite all the inventions and infinite com forts, forts, everyone is distressed, disturbed, and troubled by feelings of vulnerability. Since science believes in matter, which is temporary and passing, then all scientific inventions and developments and all its comforts and resources are also temporary and mortal. Therefore, if the foundation of something is subject to destruction and mortality, then that thing cannot give you real peace and happiness. This is the basic difference between religion and irreligion; irreligion creates doubt, skepticism, temptation, and feelings of uncertainty, whilst religion snakes a connection between feeling, thought, imagination, and the activities of life and the constancy of the eternal personality.

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55. Fortunate and Miserable

Oh, Preachers! I am the servant of that Lord who says that "the pen got dried after finishing the writing." Today the film of life, which is activated on my forehead, was actually created before my birth in the beginning of the universe, and this is my fate and destiny. Oh, Preacher! Your advice and speech are not going to have any effect on me because you are also a writing penned from the beginning of the universe. All the activities of life were also written at the beginning. This life and the fleshly body, which is decorated with the dusty dress, is that line, or wave, of God which no one can change. Oh, Preacher! This obedience is available only for those who were vicious from the beginning of the universe will remain deprived of his intimacy. And eventually a time will come when these lines, or waves, will be dispersed, the effect of gravity will disappear, and the body will be dissolved.



56. Inconsistent in Friendship

Prophet Muhammad (P.B.U.H.) never accumulated wealth. The action of Prophet Muhammad (P.B.U.H.) and the associates of Prophet (P.B.U.H.) was that even though they had at their disposal r accumulated wealth of Rome and Iran and an empire of twenty-five thousand square miles, these holy-hearted people fed their dependents by doing labour, and whatever they had left over they gave as alms. There is nothing more treacherous than wealth in this world. Weal has never been faithful to anyone. Wealth is inconstant in love and friendship. Wealth is such a treacherous reality that whoever worships it will be ruined by it. But the person who has contempt for wealth and instead of worshipping treads it underfoot will see that wealth ho down before him.

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57. Death

It is said that today is the time of the ascendancy of development. It becomes evident after the analysis of this ascendancy that the meaning of development is an unending series of tyranny and cruelty. The real meaning of this development is that the people who are starving to death and those who are barely dressed are given the deceptive impression of development and have imposed on them the terror of superiority of knowledge. Thus, they see deadly weapons being developed by embezzling the resources which the earth creates for its children. They see snatched away billions of dollars from the poor, starving people in order to develop the atomic bomb, which can take millions of people iii one second into the jaws of death. And through publicity of this ferocious act the creatures of God are not even able to think of their survival or take measures for the safety of their generation.



58. Mutilated Faces

Today we know that the nations who were more developed and civilized than we came to this earth before us and then were destroyed in such a way that only their signs remain. When we delve the reasons which caused their complete destruction, we find that those nations whose relationship with their spirit became weaker while become corespondingly stronger with the materialistic world allowed greed and avarice to overcome them. The main aim of the life of such nations was to gain the world. The whole society was entangled in such a way in this ambition, in the never ending evil love of greed and avarice that was no way out. When this stage is reached then such nations are subject to destruction or mutilation of their society.



59. Illusion of Money

It is amazing that the names of those peoples who struggle for amassing worldly materiality in their life so as to satisfy their desires are forgotten after their death. On the other hand, we have the example of holy people whose remembrance causes the foreheads of people to bow down with the passion of love and great respect. During the time holy ones live among the people they live like a luminous candle of truth. And after they pass away their identification remains before the people because they had put aside their personal interest and self satisfaction. These people cannot be ensnared by the illusion of money. These holy spirits know the secret that until you are freed from self you it come near to God.



60. Parents

And your God has taken a decision that you shall not worship anyone except

God and that you will show good behaviour towards your parents:

Thankfulness and gratitude of the generous person is the first requirement of nobility, for the reality is that our very existence is because of our "parents" under whose supervision we are brought up and develop our consciousness. They look after and rear their children with unmatched sacrifice, exemplary diligence, and extreme love and offerings. Now this is our duty: our hearts should be brimful of gratitude, great respect, love, and great esteem for our parents. Our soul should be grateful to our parents. God has strictly enjoined us that we are to be thankful to parents and to Him.



61. Symbol of Pride

The existence of churches, temples of worship, and mosques, the differences among the people who live and practice belief in 1 these places, and the preachings of preachers who scare people with and anguish of hell, how long will these activities continue? I hope not for long! It is my wish that nature will reveal its secrets to those who Scare people so that they will come to know revealed to the friends of God, and by possessing this knowledge will cease to preach fear. Those who had an illuminated forehead and face delighted with light when they were buried in the sand and the sand converted them into sand. Many faces like the sun and moon have already been buried in this earth. We cannot number them. The person who lives like a symbol of pride during these few days of life in the world will also be converted by death into particles of sand, and people will crush these particles under their feet.



620. Cultivation

Creator made this world a centre of love, um and even today natural sightseeing give Sm the person able to see. The beautiful bird natural sightseeing, cascading Waters, the heights of mountains, the e beauty of flowers, the stands 'of trees, the nights sunny day, the glitter of love in a mother's eyes, the playfulness and joy full Shouts of children on the ground, the purity of a sister, the sincerity of a brother, holiness of a daughter, the lover of a father, all these things are no doubt the wares of the happiness and pleasure of human beings. Just like a mother, the earth also wants its children to live with pleasure and love, growing flowers on earth instead of cultivating burning charcoal.



63. Law

A man can be so absorbed in himself with his own intention and choice that even though he is not separated from another man by a distance that is not the thousandth part of a centimeter, they feel separated from each other. Therefore the law is that individuality is maintained by establishing this dimension. No human being can break this law of Creation Wealth can be perceived in the same way, for it is subject to the same comprehension and perception. When a person runs away from the identity of wealth, the law of dimension, which maintains the balance, pursues that person, and when a person runs towards Wealth then wealth turns treacherous and imposes itself on that person as a torture.



64. Stay

There is not a single person in the population of the world who w to sicken and die. If life were in one's control, then no one in world would die. Similarly, all the basic aspects of life and all t activities on which our life is based are not in our control. If we serious thought to the matter, we will see that life starts when the child is born, and neither do we have control on our birth. Even in a mill year history there is not a single person who was born by his own intention and will. Every person was born into this world for some specific period of time, and when this time ends then that person cannot remain in this world for even one more second.



65. Negligence

The Quran says "There are sights and truths for the believers." This means that the characteristic of believers is that they have a d insight into the realities of skies and earth as well as the formulae of creation of the skies and earth. The power of observation of the believers unveils the solar systems. The Quran announces again and again that these signs are for believers. This means that the signs of God for everyone, but only believers among people think deeply about the signs, verses, and wisdom of God. Those who are buried in carelessness and illiteracy, who live like animals, who are stubborn and obstinate, living an animated picture of "I don't want to agree at any cost," these people the existence or non-existence of these signs of God ma no difference.

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66. The Particles of Sand

Every person with even the smallest consciousness witnesses all the time that every moment of life is dying. When the first moment dies, the second moment is born. When day dies, night is born. When childhood dies, adolescence is born. When adolescence dies, young adulthood begins. When adulthood dies, old age is born. And when old age dies, then every part of this beautiful statue converts into par-tides. The bones of the human skeleton becomes ashes, and the brain on which human greatness is based and is a cause for pride and cruelty mid a substitute for God Himself, crumbles and is consumed by the sand. And other humans who are also made of the same particles of sand crush them under their feet.



67. Physical Knowledge

No knowledge is real except knowledge inspired by God. The human brain does not have the capacity to save even a single style of inspired knowledge. So, the divine illuminated light spread from the preserved scripture (Loh-e-Mehfooz) to provide information to humankind. Then according to their interests and in order to attain their own objectives and from their own viewpoint, humans reject almost 999 per 1000 of the information given them. Furthermore, they distort the single bit of information received and preserve it in their memory. This distorted information then becomes the hues of his experience, observations, activities, and practices. Thus these become the achievements or heroic deeds of humanity, and the predetermined and supposed directions, formulae, and principles humanity takes to be its own discoveries. And this nonsense mankind describes again and again as his experience and observation. This is what is called physical knowledge.



68. Candles

One important aspect of life is that we search always for something in which we can find happiness. But because we are unaware the law that determines happiness or sadness, it happens that most the time in our search for happiness we start out in the wrong direction. Because of our unawareness we choose the way that leads us to darkness, uneasiness, and trouble. All this happens because we do not know the right pathway on which the candles of happiness are illuminated and are spreading their light, where the atmosphere turns the dew it pearls and where the ambiance is a fragrance that illuminates the consciousness.



69. Inconsistency

There are always in this world certain specific people of God who brimful of blessings deriving from the observation of the unseen world. When these specific people analyze the majority of people in world, they feel sorrow. For the majority of people think the few c of life in this world are the real life. These specific people see quickly the reasons why others think mistakenly, and they teach t selflessness is superior to ego and death triumphs over this brief But this secret is not apparent to the dwellers of this world that the life starts after death. Because of this ignorance of the secret, hum persist in their interest in this world. On the other hand, once the reality of the inconstancy of the world is revealed to them, then their hearts will become averse to the temporary life of this world.



70. Liberal Way of Thinking

Every human being has two kinds of thinking: one is deep and the other is shallow. When thinking is deep, then the only conclusion to be apparent to the mind is that every person carries heaven and hell within and that these two things are related to our way of thinking. If the way of thinking is according to the way of thinking of the prophets, then the whole life of a person is heaven, but if there is a presence of Saran in the way of thinking, then life is hell.



Breaking and Cracking

Our children are following the racial religion, and when they do not find peace in it then they rebel. Peace is that reality to which the whole world is attracted. Reality can never be a fiction. Now we have to find out which power in persons is safe from all kinds of breaking, Cracking, increment, decrease, and safe from mortal destruction. That power, or entity, is the spirit of a person. Racially speaking, if we introduce our children to the spirit that is present within them, then they will become the friends of God. They will achieve happiness in life, including mental, physical, and spiritual happiness.



72. Blood

Jokes and brambles, flowers and thorns are reactions of feelings themselves. These reactions indicate a way of thinking. If the w of thinking involves belief, certainty, and observation, then this means that the children of Adam are aware of peace. If the way of thinking involves uncertainty, doubt, and disloyalty, then life is like a bed full thorns. Every turn on this bed is full of blood and every breath mortal.



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73. One Hundred Twenty-four Thousand

All the great people born in this world also have some kind of problems in their life, but they were aware of the fact that problems problems only as long as the person is unaware of the life of me: peace. The grip of these problems is broken for those people who m it their aim in life to help other creatures of God. Try to help some who is in need and poverty then see how much peace and satisfaction you will get. To help others and to be of use to other people is ascendancy of humanity. This has been the mission of all the 124,000 prophets who came into this world to spread this message.



71. Surety

Physical happiness and sadness are passing things. This is because the physical body is mortal. When the physical body vanishes all the activities associated with it disappear. The soul is immortal, so everything related to the soul is also immortal. The happiness and easiness we attain as a result of spiritual awareness is the surety of everlasting pleasure and ease.



75. One Entity

God has made humans his assistants. He has given humans the knowledge of his qualities. God has created humans in His own form and countenance. The meaning of the assistant or deputy does not mean that if the emperor of the country can dispense without using pen and paper in asserting his authority, then the assistant is obliged to use pen and paper in asserting his authority. As God is a ruler who is not dependent on pen and paper to assert His authority, so, too, is His assistant. Just as God created the world by uttering the command `Be" (KUN), so, too, His assistant can make changes in the creations of God by using the power of his mind. For the assistant of God knows that everything in this world is joined to one entity.



76. First School

If your spouse and life partner has a good knowledge of religion science or other worldly knowledge, then they can bring up their children in a good way. The first house of a child is the clasp of the mouth and the embrace of the father. If both father and mother equipped with moral values, then the training and rearing of chili in the house can be the first school.



77. Deposit

The speech of the friends of God is full of secrets, enigmas, knowledge of God. Every word out of their mouth is full of knowledge and wisdom. The sayings and doings of these holy people are enlightening pathway for the devotees of spiritualism. If we ponder deeply with concentration on the spoken words of these holy people then the secret realities of the universe come to the fore, which introduces humans to the divine deposit, or divine charge. When this div charge was introduced to skies, earth, and mountains, it was rejected them. For they said they could not tolerate the deposit or charge and that if they placed the deposit on their shoulders they would be broken to bits.



78. Friendship

If we want to get close to somebody, we have to do those things which the other person we wish to approach is doing. Similarly, if we want to get close to God, then we have to do those things that God is doing, at every moment and at all times God is busy serving His creation.



79. Flowers

As far as the long wait is concerned, if we think deeply on the creation formulae of the universe, the matter becomes clearer than the sun that every moment is looking out for the next moment that is coming. Waiting is itself a part of life. From childhood to boyhood, from boyhood to young manhood, and from young manhood we pass to the waiting of old age. If the child born today did not have old age attached to him and spread out over sixty years of time, then the child would not survive the cradle and the process of growth would stop, the universe itself would stop, and the sun and moon would be deprived of their light. When we sow seeds in the soil it is with the watchful expectation of a time when the seed will grow flowers.



80. Birds

It is a great blessing of God that when a flock of birds in search of fly towards earth by subjugating their legs and necks to the gravitational force. So, before they touch the ground with their feet, their need of food was created. And millions upon millions of birds fulfill need for food in this way.



81. Rights

Parents wish for children, and the mother grows a new life within herself for months. Even after the birth of the child the relation between the mother and the child does not break. The mother always has her loins girded to serve the child. She herself faces hardship e' day and night and does not allow peace and rest to dwindle for her children. She is alert even when she sees that her children are in minor difficulty. On the other hand, the father goes off to work every more and comes home in the evening, where with his full quotient of energy he arranges the food for his family. These acts point to the benefit of the parents, because of which the rights of the parents are imposed on the children.



82. Our Heritage

The Quran is the book of scientific formulae. If we think deeply on this holy book, then we will succeed in attaining the status of high degree in conquering space where scientists have not yet reached despite spending billions of dollars. According to the Quran, "conquering space is our heritage."



83. Search

Oh, Son of Adam! Nature is so merciful and gracious to you that it has opened its doors of forgiveness to you at every turn of your life. In order to cover you and protect you, it has established a "Qalander" chain, or independent thinkers. This is my wish for you: that you think about what you have gained and what you have lost. Oh, disobedient children of Adam! You are sunk in the dirty lake of disobedience where there is a loss of world and a loss of religion, which are disgusting signs of human misfortune. Now, let us try to rediscover our heritage. Skies, earth, and mountains were incapable of accepting this heritage. Sky, earth, stars, sun, and moon are all under our control if we possess this heritage. This deposit of our heritage is independent of the material shell but present in our soul.



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84. Love

God says "I was a hidden treasure. So I created creatures with so that I can be recognized." The important point before us is God Himself says "I created with love." This means that the means of recognizing God is love and the only passion that can take away from God is the opposite of love, and that is hate.



85. Heaven and Hell

The inhabitants of heaven are those people on whose head God put his hand of love. Those who have the hand of love from on them are the friends of God. God is free from fear, sorrow, and problems. This is why in the friend of God the properties of God are' evident. Such a person does not have fear or grief. Those who are friends of God will find that the atmosphere of heaven will not accept them and that they will be fuel for hell instead. If someone has fear grief, then according to God, he is not a friend of God, and heaven reject one who is not a friend of God.



86. Existence

There is an existence (of the physical body) within human existence that experiences death at every moment. As death arrives at a certain moment in physical existence, the new physical body is created at the same moment as the old physical body dies. But the second existence, which is the soul, is that on which moments, hours, days, months, and years have no effect.



87. Duality

This world is a world of duality. None of the character of this world is free from this duality. The conversion of weather into hot and cold, the shadow of sorrow over happiness, or happiness over sadness, respect and a second later disgrace, health and disease, love and hatred, nightfall and daybreak, all these dualities are actually opposite aspects of the character of the world. In the world of duality as long as we fail to understand these opposites, it is difficult to understand anything. Every human from birth to old age is a document of experience. If goodness permeates this document, then it is precious and beneficial. But if evil penetrates it from head to toe, then the document is ugly and frightful.



Never Lived

This world is confined to a second, and according to the law of one secondworld, Adam was granted a loan of time. If this passes in loose talk, then the whole life is wasted, as if we were a born, never woke up, never sat down, never did anything, and n understood anything. Therefore, we came into this world as if we never come into it.



89. Dolphin

Humans can feel the waves of sound that move at a frequency of c cycle per second. But the waves of sound that move at a frequency of more than one thousand cycles per second cannot be heard human ears. In contrast, dogs, cats, and foxes can hear the sound sixty thousand cycles per second. Rats, bats, whales, and dolphins can hear sound waves of one hundred thousand cycles per second. Fish c also sense the slightest vibration in the sea. The visibility range in t human eye is very much less when compared to the honeybee, which can see ultraviolet rays. In comparison to humans, the eyes of the royal falcon can see an object magnified eight times.



90. Ashamed

Acquaintance with the good causes the conscience to become happy after doing something good as waves of happiness and pleasure rush over the conscience. But acquaintance with evil and the doing of an evil act cause the conscience to become unhappy, and a person feels ashamed of the act.



91. Flames

The flames of fire are of two types. With one type of flame everything becomes ashes, while the other type of flame gives life to everything. When the son of Adam develops himself with the light of goodness, then these bursting flames become a garden of flowers. But when the son of Adam develops himself with the leaven of evil, then these bursting flames push him into the fires of hell. What are good and evil? They are two ways of naming ways of thinking. If the way of thinking has devotion and love of God, then it is good. But if the way of thinking has the love of anyone except God, then it is evil. Good is grounded in God and evil is rooted in evil. The definition of Good is that God likes it, and, on the other hand, evil is something that God sloes not like.



Hypocrisy

Hypocrisy develops in the dissembling, fraudulent, and selfish person. The suggestions of the demon of evil penetrate him. As a result, the person whom the angels adore ends up under the control of others after becoming unaware of himself.



93. Elegance

The life of devotion does not consist in a man losing all his desire and then himself. If a man stops wearing a good cloth and if ca off clothes with patches are declared to be the high fashion of life, then all the big and small factories of the world will shut down. Millions people of the world will become skeletons of skin and bone because their hunger. God has not removed resources from the womb of t earth for them to be treated as worthless and not used by people. If eating poor food signifies the ascension of life, then what is the need for rain? God has given elegance to the earth with colourful flowers leaves, trees, fruits, mountains, forests, and waterfalls.



9.1. Destiny

Oh, God! What kind of oppression is this in your house that even after doing fasting for a whole month we do not attain knowledge of God? For you say yourself, "The reward of the fast is I (God)." When even in this month it does not become my destiny to see you, then will the storm of problems not become my fate?



95. Resources

Among the countless species of animals there is a species of mankind. But when the contact between man and God is established, then noun departs from the family of animals and becomes human. The understanding and wisdom of humankind is that they speak out openly that human life and death are from God. And the certain reason for this is that God did not ask our permission before our birth for us to be horn. There is not a single person in the world born of his own free will or will stay alive forever by his will. We only take advantage of those resources that have been created for us before our birth.



96. Erring

The sigh of a person is a sip of pure wine. The depth of thinking to us that the whole world is a pure wine. This sip of wine reveals the hidden secrets in life. If a person wishes, he may live this life intoxication, or if he wants, he can live this life by burying himself error.



97. The Heavenly Books

When the inhabitants of the earth discuss among themselves say I am Muslim, or I am Hindu, or I am Persian, or I Christian. Yet the reality of humankind is spirit, and it cannot be g a name. Light is everywhere light, regardless of whether it is in Are Persia, Europe, or Asia. All the messages that came into the world exist with such labels. For Christians the words of the Bible have the status of religion, and for the Muslim the words of the Quran have the status of religion. The Hindus worship the words of the Bhagavad Gita. All the sacred books are those voices of the holy people which have spread out all over the universe in the form of light.



98. Lightness

When humans perform work for God only, then they attain great happiness. This happiness permeates him and enlightens every dart of his soul. Because of this happiness his soul becomes so light that lie feels his physical body as being very light.



99. Young Plants

For the rectification of the younger generation people are writing full columns in newspapers and books hundreds of pages long. We say amidst this torrent of guidance that if the elders of the younger generation do not rectify their own conduct, then the circumstances will not change. Why are we forgetting that when a baby is born its brain is like a blank paper? The baby adopts those habits and practices that are already established in its environment. Not a single person can deny that the child speaks the same language as its parents. Actually our young plants are the life-like picture of our character formation.



100. Universal Truth

There are several things which humans think are not real and them aside by calling them hallucinations, dreams, and thoughts Even though nothing in the universe is extra or unreal. Every thought and every hallucination has some kind of universal reality in the ground.



101. Advice

To spread the mission of God is the prime duty of all the followers Islam. To perform this duty, one should first attain knowledge oneself. Knowing oneself, the knowledge of oneself, leads to the spiritual success in which a person becomes the true picture of what he preaching. Whatever he says is proven by his acts and character. Su a person becomes a good example of his preaching as he begins impart religious and spiritual things to people. God does not like when those who are guiding and instructing other people are not fi lowing those teachings themselves. Prophet Muhammad (P.B.U.F has terrified with severe punishment those who do not follow their own teachings.



102. Greatness

If your feelings are hurt by someone, then without hesitation you should forgive him, because revenge is itself a trouble. The passion for revenge makes your nerves weak. If you become the reason for hurting someone's feelings, then you should ask for pardon without caring whether the other person is younger or older than you, for there is a greatness in bowing down.



103. Equality

The rights of people are such that all persons should believe that all species are the family of God, and I myself am a member of this family. Just a person states the rules for his welfare and rest, so it is an obligation of every person to care about his brother's welfare and rest. If we look at the history of the Prophets and friends of God, then we will see that the Prophets and friends of God have made service to the creatures of God the aim of their life. The true and sincere passion to serve the creatures of God creates love, brotherhood, and equality in humankind.



104. Directions

The Quran guides only those people who are pious, and pious those people who believe in the invisible world. The definition of belief is that the internal eye in a person activates and the unseen becomes visible. Not until the observation of the unseen comes into action is the definition of belief complete.



105. Deprived

The situation is this: in the preserved scriptures (Loh-e-Mehfooz) I the individual and national lives are imprinted. When some struggles as an individual, then the results accrue individually to person. But when one, two, or four persons struggle collectively, the results of that struggle apply to the whole nation. It is also served in the scriptures that those nations that really want to change, their condition receive the required resources and become dignified And those nations that do not want to change their condition must a humiliated life.



106. Knowledge and Awareness

Anyone who has doubts in his heart cannot become a knower of God because doubt is the biggest weapon of Satan by which he takes the Son of Adam away from his soul. The distance from the spiritual principles closes the doors of knowledge to that person.



107. Stamp

Every student of spirituality should keep in mind that the limitations of the limited theories, arguments, extremisms, self-styled experts or mentors in one, two, or more sciences point actually to a defective way of thinking. This defective way of thinking has prevented humans from concentrating and freeing their minds, and when people are deprived of the blessings of concentration and a free mind, then doubts and evil suggestions spread like a blight in their hearts and minds. Concerning this sorrowful situation God says: "God has sealed their hearts and their ears, and their eyes are covered and for them there is a severe punishment."



108. Auspiciousness

The faces of sand are calling out loudly to us. Oh, Son of Ads Why are you confined in the illusion of self-ignorance? This is sand, which appears in new faces after breaking and scattering in small pieces. So, why don't you surrender before this sand? There is auspicious gain for you in this surrender, and you will be safe from all pride and haughtiness.



109. Night and Day

We have to think very seriously and with forbearance about facts what facts are at work behind life, death, and ever new changes w in the physical body. Why can't we be constant within ourselves? Can we stop the continuous change in the physical body? Can we become everlasting? Can we rid ourselves of the continuous changes in physical body, mind, and consciousness that occur every second? We have to think why along with the change of night and day we also changing. To know all this we have to recognise our friend, and w we become aware of our pure and magnanimous friend, then this infinite series of changes would stop at a point. This friend of ours is God.

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110. Blindness

On the basis of his observation and analysis the student of spirituality becomes aware that the purpose of the harmony, discipline, advantages, aims, and arrangements of the elements is not due to blind Consciousness. There is a power, an entity on whose order the system of life and the universe stands from the beginning to eternity.



111. Grave

The punishments for deviating from the law of nature are before us as an upsurge of dangerous diseases. Even though we have access to everything, yet everyone is constrained in the torture of poverty. The children are inefficient or the parents are declared to be unworthy. The nation is deprived of sight and prudence. Mental diseases are so much more common today than ever before. When the heart starts to beat a little harder, a person goes to the grave. The level of vulnerability is such that even if the leaf trembles, one's heart wants to leap out of one's chest. The wrangling of husband and wife in homes makes it seem to the younger generation that marriage is a burden. Even though there is an abundance of resources, the employment situation worsens.



112. Relationship.

A little consideration of the universe is better than the worship of a whole year." Those nations that have thought deeply on the elements of creation, which means the creation of humanity in the universe, received honour, while those nations that have severed their relationship with deep thinking about the universe have become dead nations internationally.



113. Suffocation

Oh, my Elders! To those who claim the help of my ancestors! If you ascertain that your father is a terrifying person and that he will burn your existence to ashes, then will you choose to be close to him? Oh, Intellectuals, oh, Preachers! Why do you present God as a frightful and terrifying eternity from whom humans shrink in fright day and night, from whom they tremble and shake in every part of their body? Who does not know that fear and fright are the symbols of distance and separation. Who will not accept that fear is a depression, fear is uneasiness, fear is restlessness, fear and fright are a wall of separation between two hearts.



114. Routine

There is only one condition for bravely achieving success from the struggle of life and that is that men understand the meaning of struggle and strife. The understanding of the meaning is that life has be lived in a routine. This routine is that we take our breath and we not even think that our eyelashes are awinkle.



115. Heroic Deeds

When we analyze the passions that work in our life, we find that passions change according to circumstances and events. If fear I terror are created in the environment, then people live a life of fear. In contrast, if there is an environment of bravery and valour, then people not get sick. Similarly, if the environment is one of negligence, indolence, and carelessness, then the people who live in this environment are also lazy and negligent. But if negligence and laziness are removed from the environment, then people become practical and perform heroic deeds by using their will.



116. Ruler and Slave

Everything in this universe is in continuous motion. Those who strives after accepting this attribute become members of the universe. This membership in the universe brings them to the supreme, top-most level (Aallaa Aallaiyeen) where angels become slaves and humans becomes rulers.



117. Obedience

Do not frighten children, because the hidden fear in the mind in the early stages of life will remain in the brain for their whole life, and scared children are unable to make a name for themselves in the world. Using harsh words and abusing children all the time is not a good way of treating them. For then children start to understand that scolding and menacing language is everyday routine. Children are immature. Instead of getting angry because of their negligence, try to think that you were also a child and have been very negligent yourself. Try advise them with wisdom and forbearance. With kindness caress their head with your hand so that the passion of obedience and subjection appear in them.



118. Happiness

It is a frightening and scary act to think that we can achieve happiness by giving other people loss. The tree is one, but the leaves and branches are unlimited. If a branch of the tree smites the root of its own tree, then how will the branch itself remain safe? If happiness is the highest wish for us, then how can we live happily by hurting other people?



119. Torment

When a nation breaks the law by casting away the difference between good and evil, then the power of belief in the people will begin to be annihilated and evil suggestion infiltrates their beliefs. Then humans are deprived of the real pleasure of life. The main axis of their life becomes the materialistic resources instead of the Creator of the universe. Eventually these nations vanish from the pages of history. God prohibited us from giving space to doubts and uncertainties in our mind. These are the same evil suggestions that caused Adam to be deprived of heaven.



120. Guarding

What kind of agony is this that the centre of development are non-Muslim nations, while all the destruction, humiliation, tress, notoriety have become the symbols of distinction among the Muslims? Why? The answer is that the preachers of Islam and Muslim intellectuals have placed an expedient intelligence.



121. Warning

While the acquisition of dignity and reliance is centered on accumulating great wealth, it is self-deception, a form of self-dishonesty that no one can rightly deny. The palaces of the ruler of Egypt and treasure of the "Qaroon" (an emperor) tell us that wealth has never been faithful to anyone. History repeats itself. Who is unaware of the circumstances of the great emperors? It so happened that even with the dignity and royal pomp, the emperor was so unfortunate that could not find a place in his own country for his grave. Is this not a son for us all that all the accumulation of gold, silver, and jewels has shown any loyalty to rich people?



22. Further Advice

When we see in the current time of uncertainty, destitution, distress, and vulnerability how everyone is advising younger people and friends to save themselves from evil things, but do not follow their own teachings, it shows that such advice is not having any effect because we ourselves do not follow it.



123. Demon

There are two sides of construction and destruction. When the constructive mind goes into action then humans rise higher than the sky and their greatness inspires the worship of angels. But when the same humans fall to the meanest level the limitations of character shrivel to small pieces. The demon of avidity, desire, and the standard of living swallow humanity. This and that creation and various inventions come to mind which are the artifices of Satan, and all the creative abilities of the mind put on an appearance of destruction and create violence on this earth of God. No doubt today's scientific era is an exact proof of it.



124. Information

Thought is the name of the information that brings us closer to at every moment. From birth to old age all the activities of move on the current of thought. Sometimes we get information that we are a child, then we receive information that we are young, and then the same information is converted into further information, for example, that we are old.



Elements

According to new science, man was created from one hundred twenty-six elements like fire, water, sand, hydrogen, radium, carbon, nitrogen, etc. So, whatever regardless of the elements that combine create matter, all those elements are present in the creation of hum beings. When we analyze men, beasts, and birds, along with a vent variety of animate beings and inanimate beings, we find on the basis matter that all are standing in the same row. The most excellent state where man becomes human and is distinguished when compared other creatures is his will power. If his will power remains strong, then the universe bows down before him.



126. Satan

Satanic considerations, the devilish way of thinking and the very identity of evil thinking are based on the idea that there is no one like him. This extolling behaviour and ostentation create cramps in the muscles of the neck. On the face the place of softness, elegance, and innocence is encroached on by ugliness and dryness.



127. Animal

What is the difference between man and animal? In one sense there is no difference. Man is similar to the quadruped except that he walks on two feet. If we look prudently we will find that man has a lower status in every respect when compared to an animal. Man does not have even the tenth part of the belief that a bird possesses. Man is deprived of the contentment that an ant possesses. The role that distinguishes mankind from animals is the task of establishing a contact with the Creator while remaining within the limits of consciousness and thoughtfulness. If any person is not in contact with his Creator, then it means that he is actually an animal that walks on two feet.



128. Ignorance

Does it not seem oppressive and unwise to have a house full of f stuff while man is starving? Is it not ignorance that the whole verse is subject to humanity, yet humanity is living in an enclosed in straitened circumstances? And instead of spreading his inner I around the world, man wants to darken the whole universe.



129. Imaginary Horse

Those people who accumulate gold and silver and do not spend it the name of God suffer from painful anguish. To earn money is r a bad thing. The agony comes from thinking that wealth is everything and the venom of this wrongheaded thinking flows like blood through the veins of society. This is the reason why today we desire anxiously even one second of peace. The feeling of vulnerability weighs on us. The seal of wealth has affected the purity of relationships. This is t single fear that moves us towards the fire on the imaginary horse lustfulness.



130. Supplication

If there is no action, no character, and no sincerity to accompany our supplication, then these supplications go no further than the edges of the world. According to the law of God, those supplications are acceptable in the court of God which have continuous and successive actions. Without action, supplication is just like a physical body without a soul. For when the soul departs from the body, it is a dead body which is worthless and without value.



131. The Third Eye

As long as a man has a firm belief in himself that the existence of everything in this world and the passing of everything into nonexistence is from God, then the center point of his mind remains established. When this belief scatters after becoming weak, the person becomes entangled in beliefs and evil suggestions that lead to confusion of the mind, problems, grief, and fear, even though it is very evident that every act, every deed, and every movement of humanity is under the control of the eternal power. This is invisible to the physical eye but visible to the inner eye.



132. Six Colours

The basic element, or fundamental ingredient, of the universe colour or combination of colours. According to the colours and with the decrease or increase of colour, different creations come it being. Humanity is the best creation of God, a creation that happen in six circles of light. Each circle of light is made up of a separate colour.



133. In Need

How strange it is that the Quran accepts our sovereignty and command of the universe and opens for us the doors of sovereignty and command, and yet we think the Quran is but an auspicious book we have decorated on the bookshelf. When we fall into misery then we recite the verses of the Quran and pray to get rid of worldly misery. Yet we do not even consider thinking so deeply about the Quran that becomes a habit so that as a result when we undertake an action then ruling the whole universe would be assured. It is deplorable that neglect all these treasures and are in need of others.



134. The Blessing of God

Whatever you spend in the name of God spend without any interest and without rancour. Do not even wish that the people you have helped in the name of God will be thankful to you and oblige you. To spend money in the name of God should not be a matter of pride and honour, for it is a blessing of God that he made you well off.



135. Heart

Different living beings around us are so many different pictures of breathing sand. The whole wealth of their life consists of presumptions. These presumptions are the base of the senses. When the thought becomes action, then the sense of sight, the sense of listening, the sense of speech, the sense of smell, the sense of touch, all these senses are turned into presumption. This is why whatever we see in the apparent senses is not real. In spirituality the observation of the soul is said to be the truth. The Quran says "whatever the soul saw was not untrue."



136. Scarcity of Knowledge

I do not know where I came from and I do not know where my di nation lies. Such knowledge which does not have a fear of lo something and does not have a fear of getting something is, in fact, knowledge at all. If our scarcity of knowledge is so great, then would we be able to go deep into the ocean of reality? To possess knowledge, it is necessary to know where we were before our birth where we go after our death.



137. Jugglers

The manifestation of supernatural powers and miracles is not astonishing when the conscious system of the person is subdued intentionally by the subconscious system. For then those things occur R do not occur normally and which people call miracles. All these things are juggling acts. The appearance of the supernatural and the miraculous can be made by your own intention and at times even without intention. The supernatural power is such an attribute in humans it can activated with practice.



138. Endless Departures

When death separates the soul and the physical body, then the destination of the physical body is two meters of land (and only for whom it is available). After a few years someone else will be buried there. Oh, Bondsman! Your life, your existence, your reality is so mortal! For everyone it is a series of never-ending departures. This is an admonitory picture of mortal life in this mortal world.



139. Sky and the Earth

Do not read the Quran as a means of future rewards of virtue or religious deeds and fortune. Nor decorate it to sit on the bookshelf. Instead try to reflect on it, for it is right for one to tender one's due. God has taken the responsibility for making the Quran understandable. 1 made the understanding of the Quran easy, so is there anyone who wants to understand?" In the light of this auspicious verse from the Quran, it is our duty that we make it a custom to reflect on the Quran by taking full advantage of this blessing of God. In this way our souls can be enlightened by the illuminations of guidance and we can acquire those attributes by which we humans can conquer the heavens and the earth.

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140. Test

The true believer remains resolute in every circumstance. Whatever circumstances may come, he never becomes trapped in the swamp of hopelessness. In order to thank God he assumes his life style. He knows that just as the period of happiness comes, so the coming of the period of difficulty is also a reaction. He never stops the struggle in the time of testing because his whole life is itself a struggle and a journey.



141. One Day

Alexander the Great, strong and violent Nimrod—the name of the infidel king who ordered Prophet Abraham to be thrown in a big fire—and other great rulers whose horror and terror was on such a level that people started to tremble. These were the crowned kings of great states and they received tribute from the people. They believed themselves to be lords and the people, slaves. Yet today we do not know where these people and their crowns have gone. These people and their armies, which were like a cyclone and a storm of disaster, have been swallowed by the sand. Their stately palaces and ruins bring tears to the eyes. Eventually their names will disappear from the pages of existence.



42. Fuel

God wants man to live hundreds of years and play his role in this colourful world. But man is doing his best to reduce his life by lying himself in work, work, work in the daytime and then work by it also, while moaning and groaning about this world. All this n even the children of Adam and Eve know very well that one day death will take away all our savings, which we have saved at the cost of life.



143. Burning Charcoal

As long as humankind lives with a mind turned only to business, people will never attain peace. The developed nations know pain anguish because they have their personal interest behind this development. Every development is a means to accumulate a heap of gold. The non-developed nations are disturbed because none of their actions it of the worldly demand. They also remember Allah because their personal profit is behind it. But God does not like it. He says: "Those make business of my verses I will fill their stomach with burning charcoal."



144. Expressing Regret

If you commit sin, then do not delay repenting of your sin. Ask for pardon by expressing regret, lowliness, and submissiveness and by worshipping before God. By repenting of sin and begging forgiveness of God your soul will be enlightened. And the heart is cleansed. Asking pardon with sincerity and truthfulness changes the life of mankind.



145. The Developed Mind

Everywhere we hear the rumor that the young generation is forsaking Islam and that they do not follow the example of their ancestors. Why is it that we do not think that we are also included among these ancestors? If the present generation has left the teaching of Prophet Muhammad (PB.U.H.) then the present generation is not as much at fault as we are. For when we see that our parents are preaching the teachings of Prophet Muhammad (P.B.U.H.) but are not following them themselves, then in the developing minds of the young generation the only thing that comes to their mind is that religion is only the name of a way to describe something but which has nothing to do with action.



146. Trust

In books on parapsychology there are clearly explained lessons about how it is important for man to have contentment for peace, and that in order to have contentment, it is necessary to have a firm belief in the eternal power. In order to strengthen trust in the eternal power, it is important for man to have strong faith, and for faith it is important for ~ to visualize the unseen world. Otherwise, humans cannot attain peace.



147. Sacrifice

As we look into sad, grieving, and dead faces, it feels like we see travellers without a destination. On the other hand, by adopting the beautiful features of the Islamic life, we can develop extraordinary fiction within us. Not only the followers of Islam but those of other nation are impressed by the radiating light of Islamic principles and thereby are attracted to Islam. Islam is certainly like air, water, and t, which are the patrimony of all humans. To accept it verbally is enough; showing the sacrifice and proper action is also very important.



148. Closeness

The talk of luminous people is also enlightened. Momentary closeness with these holy people is better than a hundred years of hypocritical free worship. And after going into the Holy World, the met ory of their name is better than a thousand years of hypocritical free worship. The memory of these people close to God and the imagin tion of closeness to God make each part of our body become coloured.



149. Requisitions

Humankind lives its life based on big and small pieces of thought. To maintain physical growth, the appetite is one of the requirements of the disposition. This requirement comes to our mind in the form of thought, and under the influence of this thought we are forced to eat something. Similarly, all the needs of life are bound up in this law. There is no act in our life which does not start with thought and end with thought. When the nerves feel tired then our disposition informs us by thought that we should take a rest! And so we go to sleep.



150. Freedom

One group of intellectuals thinks that human happiness lies in the fact that one lives a free life. But when these intellectuals started Ling about the months and years of life, they came to the conclusion that a person is not free in any situation, because after every tent of happiness, misfortune is certain to befall. After every tent of happiness and peace there comes some evil. Every moment of happiness is also the predication of sadness, and every moment of e ends with anxiety and disturbance.



151. The Noble Senses

The man who thinks and calls himself the crown of all creatures thinks about the beginning and end of his life, then he will see that first stage of his creation is filth and stench, and that at the end of it his beautiful body becomes the food of insects. Even after this clear I obvious reality, everyone is engrossed in the imaginary world of profit and gain. Only one thought has become his prime imperative and purpose of life: wealth, wealth, and more wealth. That wealth is so much infinite muck. When anyone falls into it, he can no longer live in the nobility of the senses.



152. Eternal Quietude

The conquest of the universe and the life of heaven is the heritage of humankind, but in order to obtain this heritage, it is necessary that humans must be reintroduced to the ability they had in heaven, Obtaining this ability is not possible without getting close to one's soul, Therefore, anyone who becomes familiar with his inner world can attain everlasting peace.



15 3. Human

If we plant a seedling after first clearing away the rubbish from the ground, then it will grow fast and give good fruit when it becomes a young plant. Similarly, when we plant a new tree in the mind after first cleansing it, then it brings forth leaves and fruits quickly, becoming green and fresh. As you expel vicious materials from the body by the natural system, so thoughts, passions, exciting anger, and density of passions also have to be expelled. Until the brain is cleansed from the density of passions and exciting anger, man cannot become human.



154. Mountain

Mountains have consciousness. Mountains also breathe and grow young. Since the formula of creation and development in the case of mountains is different, we feel that they are standing fixed at a point. .n takes twenty breaths in a minute, whereas mountains take one h every fifteen minutes. The fixed number of breaths is different in different species.



155. Flying

All living things are made of sand. By sand we mean that natural .system of light which contains all the colours. We can also call it "Total Light Colours." The roots of trees obtain these colours from the h and they become evident in the branches, flowers, and fruit of the tree. But the way of this creation is not everlasting. Soon this creation n becomes sand, and birds are also created from it. Even after they the power to fly, they cannot get free of the influence of the sand f. Soon the gravitational pull of the sand causes the birds to be converted again into sand.



156. Drama

In the eyes of the free person who has the Qalander consciousness, wellwisher, people who begrudge what others have, and those look on another's attainments with admiring envy, pure people, people full of sin, those without personal interest, selfish people, biased unbiased people have become equal. Such a person knows that we only living things, and the universe is the stage for living thing. Everyone is doing his part in the universe.



157. Fear

A flood came to a place and the whole area was submerged in water. But the water could not reach the top of one little mounts People, animals from the jungle, and insects gathered on top of the little mountain to take shelter. One lion swam towards the little mountain and sat among his kind as he was panting. He was so terrified that he was unaware of his surroundings. One man came to him w despite and fired at his head. The lion had forgotten his attribute ravenousness because of his fear, and that fear made him more cowardly than a goat.



158. Rain

Make your life a self-explanatory picture and a model of love and faithfulness, for no doubt, God includes this type of people in his special line of people. Spiritual people see this with their spiritual eyes. 'There is a group of these special people among whom, after one enters into their presence, the human heart, mind, and soul becomes satisfied. On the people of this group fall blessings, favor, luminous light, and beatific visions.



159. Far Away

If in the mind of a person there is no interchange of the information regarding jinns and angels, then no discussion of jinns and angels can take place. In other words, in the universe all the creations of the universe and all the thought waves of creatures are received by us, and the transfer of thought is the basis of recognition of any creature. Our subconscious mind has constant contacts with the far ends of the universe. Since this contact is constant and permanent, it allows us to transfer our thought to the far ends of the world after concentrating our mind one point.



160. Azaan (Summons to Prayer)

Every religion has some way of attracting its followers to it. For example, people are called together to worship and reverence by ringing of a bell or gong. Sometimes worshippers are invited to a p for idolatry by blowing a shell. The procedure for calling people together in Islam is called Azaan.



161. Old Man

A11 the elements of life are under the control of one power. TI supreme power stops and disposes of those elements in whatever way it wishes and runs them in any way it chooses. The founder Qalander Consciousness, Huzoor Qalander Baba Auliya says "People are fools. They say they have control over circumstances and that humans can change circumstances according to their will. But this is not true. If, in fact, humans had control of circumstances, then no one would be poor, no one would be sick, no one would get old, and no a would die."



162. Knowing Reality

The pillar of luminous light Qalander Baba Auliya has left behind a way of thinking which by following, today's dispersed generation can address their future. The difficulty and the broken mind of which the human creature is prey today is caused mainly by inverting the thinking of the Prophet, which people regard less and less, while the fictitious sense they have created for themselves deprives them of the understanding of reality.



163. Real Happiness

Materialistically we do not even know what true happiness is and how to obtain it. In order to attain true happiness, it is necessary that we find out what our reality is. We should try to find out where we were before birth and where we go after our death. We should also know that to achieve real and lasting happiness the first thing that humans should know is that life is not based only on the movements and activities of the physical body but on the reality that has made this fleshly body a covering for itself.



164. Notoriety

Sky and earth and everything that is present in the sky and on eat have been brought under dominion for humanity. The Quran boldly states that iron has many advantages for humankind. Those people who have discovered the capabilities of iron have gained in dignity nations. Muslims have ignored the teachings of Islam and that is w the whole nation is humiliated.



165. Cancer

Intellectuals agree that the first training school for the child is its own home. Whatever the child hears, he speaks in the same language. Whatever he sees becomes his knowledge. In today's world we never see our grandmother's saying: "Your and my king is God the Prophet (PB.U.H.) made by God is King." Day and night the sound of m affects our nerves. The mother does not ask her children to recite "Statement of Belief" (Kalima Tayaba) before going to sleep, nor does the father ask his children to say the "Statement of Belief" (Kai Tayaba) when they wake up. No one says that worshipping wealth cancer.



166. Conscious and Subconscious

The basic difference between parapsychology and psychology is that even psychologists know that consciousness is fiction. Yet they accept the senses and their understanding is like that of a 2-year old Child who repeats all the words said by its parents. On the other hand, the science of parapsychology reveals the reality of knowledge that works behind the senses. This knowledge tells us the relationship of time and space with consciousness and the senses, and it tells us the source of consciousness and the senses.



167. Possible

According to parapsychology, in order to attain spiritual power it is necessary that we understand the workings of the mind and understand the brain as a computer. It is obvious that as long as we do not separate ourselves from this system and concentrate on the mind, the workings of the mind and its hidden abilities will not become evident to us. In order to understand these hidden, limitless abilities the most important thing we must do is to free ourselves from the fictitious sense.



168. Statistics

What is a human being? It is a soul. What, then, is a soul? It the divine will of God. If we think somewhat deeply, it w become clearer than the sun that we individually and collectively a soul. Spirit is the divine will of God. Will is the intention of God, at when the intention of God activates, then the phenomena of the universe begin recording, and they record in such large numbers that i earthly estimate of their number can be made.



169. Rabia Basri

Oh, My Mother, My Sister, My Darling Daughter! Man and woman are creations of God. In every man and woman there is one that comes from God. Every woman has all those abilities and attributes that God has entrusted to man. If women can become Rabia Be a female friend of God, then all women of the world can activate the God-given abilities and can print their names on the list of those are "Friends of God." God's gift is common for all. Come forward with your spiritual power end the superiority of Satan over the human race.



170. Mental Concentration

No problem is solvable until the person with the problem is ready to solve it. All the supplications, spiritual exercises, and medicines perform only one task, and that is whether the practitioner is sick or mentally disturbed. His will power should be increased and become so strong that he can be free to concentrate with his mind freed from the labyrinth of circumstances and problems.



171. Computer

Accepting only the help of words is an indication of a weak consciousness, for consciousness cannot understand anything without the help of words. But when one acquires the knowledge of transferring thoughts by the rules and regulations of telepathy, then both ways of understanding become equally available for such a person, regardless of whether the thought is transferred by words or telepathy. Every person has a built-in computer that dresses thought with meaning and separates it after comprehension. And after understanding this interpretation, such a person accepts or rejects the thought.



172. Chain

Like links in a chain, all persons of humankind are joined and inseparable from one another. If one link becomes weak, the whole c is weakened. If one link breaks, then until the links are rejoined, it not properly be called a chain. For unity and relationship, for a d feed past, for a happy present, and for an enlightened and brilliant future, every link must be conjoined with every other link.



173. Slave

The Quran speaks boldly to the fact that "The Quran is a book conquering formulae." In order to become distinguished internationally, you should, therefore, think deeply about the Quran. Y should meditate on it, try to understand it, try to recognize its message Otherwise, how many blessings of God will you deny? In order understand the greatness of God, noble minded people and those who are creative think deeply about creation and the system of Providence. The shining sun of development and knowledge, art, skill, which now shines in the West as it once shone in the East. When the Eastern nations and Muslims in particular detached themselves from knowledge and art, then art and knowledge broke their relationship with Muslims.



174. Infidelity

If you don't remember anything, then listen! You have committed a great infidelity. You have put yourself in trouble and sorrow intentionally. Such a one has spurned freedom and put on the manacles of slavery. He has placed restrictive fetters on his feet. You have cast your infinite abilities into dark caves of loneliness. For such things, heaven wept and angels bowed their heads in repentance.



175. Spiritual Teacher

Knowledge of the Soul opens the doors of knowledge of God. In order to attain knowledge of God, spiritual people must pass through several stages, and the first stage is that of "NO" (LA). This means that a person must reject all his traditional and conscious knowledge. Afterwards, he proceeds on his way to acquiring spiritual knowledge. He comes to the stage where his own reality reveals knowledge to him, which means he is receiving knowledge of the Soul. Here the spiritual student must have the guidance of a spiritual teacher in order to continue on the predetermined and fixed path.



176. Ruins

The same thing is the reason for happiness to one person and cause of grief to another. Different people have different opinion of things, but the reality itself can only be one and the same. It is common observation that the apparent world before our eyes keeps changing continuously. Populated areas become deserts, and de areas become populated. But these changes are apparent without being real, for we know that reality itself does not change.



177. Way of Understanding

It is our common observation that when we want to come close someone then we adopt the habits and the manners of that person. If we want to become a friend of a person who prays, then we also h~ to pray. If we want to become a friend of a person who plays cards, then we also have to play cards. Similarly, we are addicted to closeness w Satan, then we like the attributes of Satan. And if we like to get cli to God, then we adopt the attributes of God. Now the attribute of G is that He is continuously serving His creatures.



178. Breath

Everything in this world is moving in a certain way. There is neither a good thing nor a bad thing. A thing that is a cause of happiness for someone becomes the reason for disturbance and annihilation for another. This world is a world of meaning and interpretation. So whatever meaning and interpretation we have given it creates associated effects. Then why should we waste our time in the altercations of the world? This life is only going to last for two or three breaths, so why waste it?



179. Our Friend

When we contemplate the creation of the universe we come to know that this universe is the voice of God. When God uttered the command `BE" (KUN), the whole universe came into being. When ('rod introduces himself, he says "I am the friend of creatures." As the Dither of a son never forgets his son, so God never forgets his creatures. A God who is the God of the whole universe, who creates different resources for us and makes us pass through the different experiences .ind stages of life, is no doubt our friend.



180. Interest

History tells us that those nations where the worship of weal became common were erased from the pages of existence. Nation are not ruined because of sins. Sins are excusable, but polytheism such a sin that it is not excusable. Neither is the worship of wealth which is the greatest sin and a form of polytheism. Among the sever causes that give rise to this sin, the most disgusting is "interest," usury. Such interest charged is haraam, or forbidden subsistence.



181. Beloved

When a child is small it loves its parents, as well as his brothers and sisters. As he grows older he starts to love his family, society, sect, country, nation, and humankind. But he is never satisfied. The thirst for love and affection remains in him. Today's child rem thirsty for love until he becomes an old man, and this thirst is quenched until he comes to know Him who is the true, unselfish, great lover. The thirst for love will be quenched when we see our God with our eyes.



182. The Right Path

Those people who have started their journey beyond self-knowing on the way to God have the responsibility of inviting others to join them on the journey. For this is the right way and those who walk on this pathway are blessed. And the doors of knowledge are opened to them. As you perform these works God has distinguished you with a great title: "Peace for the Nation."



183. Kindness

Once some prisoners of war were arrested. Among them was a woman who had lost an infant. She was so impatient with motherly love that she would take up to her breast and feed any child she saw. Prophet Muhammad (P.B.U.H.) asked his companions after seeing her condition, "Do you think a mother can throw her child in the fire?" The associates of Prophet Muhammad (P.B.U.H.) replied: "Oh, Prophet of God, throwing a child in the fire is out of the question for a mother. If a child were to fall in the fire by himself, the mother would give her life to save it." Then Muhammad (P.B.U.H.) said: "God is kinder to his creatures than this."



184. The Ups and Downs

A Human being wants a life that knows nothing of mortality. J desires health that is unaware of disease. He wants youthfulness that does not know about old age. But it never happened this way Youthfulness becomes old age. Diseases continue to overcome health. No matter how much a person wants to run from the ups and downs life, one cannot. For nothing in this world is free from inconsistency.



185. Well-being

Problems and miseries have increased eight-fold and entangled humankind within them, even though mankind is the creature God that has been gifted with the special blessings of God. The s] earth, and mountains were unable to accept this blessing. It is a law nature that when a nation deviates from the right path, then it ground up in the mill of examination. Then in order to save itself from the venomous feelings of difficulties, problems, and vulnerabilities tries to find some way that leads to happiness and peace.



186. Melodious Sound

The conversation of a person reflects his personality. For a person with a good voice, his voice acts in a captivating way for everyone. Whenever you feel it necessary to talk in any congregation or in any private party, then speak with dignity. People love the person who speaks to them with a smile and in a soft tone. It creates tension in your nerves if you scream, and because of the tension such a person eventually becomes a mental patient.



187. Sea

The nature of God is infinite. This is why the knowledge of God's attributes is infinite. The knowledge that God gave to Adam is also infinite. This knowledge is like a sea without a shore. When the status of Adam was declared to be superior to that of angels, then Adam became prominent among all other creatures of the universe because Adam has infinite knowledge of God's attributes. So, what are the attributes of God? God, in terms of nature, is the Creator, and all the attributes of God as Creator are the elements of creation and creation formulae. This is the deposit that God has gifted to Adam with his especial kindness.



188. Bad Thing

God made a picture, a beautiful picture, which is unique in its balance, temperateness, predetermined quantities, drawing, attractiveness, and elegance. This picture is incomparable and exemplary. This picture sees and listens. It also talks and feels and shares the 1 and pleasures of others. If someone wants to dirty the picture or distort it with tyranny and ignorance, then it is certainly a bad thing.



189. Limited

A shell is created when you give preference to yourself in actions a deeds, and this preference breaks the relationship of a human being with timelessness and infinity. Then a person thinks, understands, a feels within limitations. The universe something spiritual and beyond the physical. It is infinite. Those who have made God the centre their acts and deeds and who have handed themselves over to the infinite eternal power recognize everything with reference to God. In such people the spirit of God is foremost.



190. Discipline of Life

The Quran introduces us to those moral and spiritual values in which there is no change because of the contradiction of time and space, and it presents us to that discipline of life that is workable for every nation existing in this world. If the moral and spiritual values described to us by the Quran have the capability to live and last in the freezing environment of Switzerland, then the burning sands of Africa also benefit from these same values.



191. Beyond Colourless

Anything born here has some predominant colour over it. There is nothing that is colourless. Colour and the colourless are actually a division between the Creator and the creature. What distinguishes and dignifies the Creator in contrast to the creature is colour. When the demonstration of the attributes of creation occurs in a person or if the knowledge of creation is activated in humankind by God's especial blessing, then it reveals to the person that when the colourless thought becomes colourful, creation occurs. God as Creator is beyond the colourless.



192. The Cup of Honey

Let's see! What are the reasons why we are slaves and the enemy h become the rulers? There are two reasons: the love of the world and the fear of death. One who has courage and bravery, whose heart brimful of love for the Creator of the universe, smiles when he sees t hard presence of death before him. There are many memories of such persons in history who were martyred with a smile on their face as they were drinking a cup of honey.



193. Husband.

The importance and greatness of a wife can be judged on the basis that the wife is an art of the great Creator. She is a display of God for the creation of humanity and its development. This is the liability and obligation of husbands that with the greatest expansiveness heart they should fulfill all the requirements of their spouses and oppress them. In order to fulfill this right of the wife, he should struggle and toil and so do a good deed. By doing this not only does a good and sincere husband have the blessings of matrimony in this world 1 also becomes entitled to all the blessings in the life hereafter.



194. The Luminous Word

Everything here moves along, borne on the shoulders of waves. On one side, these waves make life happy and restful, and on the other hand, they cast you into trouble and misfortune. Every line coming out of the pen is made up of luminous light and is luminous light, and when the divine luminous light displays itself then it becomes divine light. Adam goes about thinking that being confined to the dark works is ascension. He is happy if he can get only a few drops of water from the sea of light.



195. Warm Waves

Love is the source of peaceful life and calmness of heart. This is why anyone in whom the delicate waves of love are flowing will be saved from complex diseases, difficulties, and problems. His face has about it a special attractiveness. In contrast to this, the dense waves of hatred, which are intense and hot, burn the human face and put a great burden on the mind and creates darkness in it, so that the waves which work in the life stream become poisonous and vicious. With this poison a human being then suffers different diseases and problems.



196. Stars

All the creatures in this colourful world are like a family. Even if is on this planet in the Milky Way or if it is a species of people living on distant planets, only one blood is circulating in all of then There creation came about according to one formula. The seas, mountains, sun, and stars are all brothers of people.



197. Soul

The sand recognizes itself and keeps all its parts attached to womb. If we suppose that a person is sand, then every living thing is made up of sand, whether it be parts or limbs. Copper, iron, jewel gold, silver, etc. are those parts of sand on which the sand identity I been established. The body of a man is also made up of sand, but because man is the curator of the deposit of God, the consciousness man, who is made of sand, thinks that man is the soul itself, as compared to other parts of the sand. So it is that when the soul of a person is affected, then eventually the whole body becomes paralyzed and u less. And the former prestige of the paralyzed and useless body is now nothing but a burden on earth.



198. Time and Space

Those devotees of God who journey across the endless sea of spiritual knowledge find that the grip of time and space is released, just as the consequences of space such as grief and sadness, disturbance and annihilation, anxiety and hesitation, are also relaxed. When a person enters into this circle then he receives the blessings of God and the whole universe revolves around him.



199. Film

The holy people of mankind are those who are aware of the systems of galaxies working within them. When a person becomes aware of his inner self and the blinders of time and space are removed from his eyes, then he sees that everything is within him. There is a point within every man, and this point is the microfilm of the universe. When this point is given a chance to expand and broadcast, then the whole universe becomes active on the screen of the brain in the form of a film.



200. Quran

The rules and regulations of society, knowledge, morality, and spiritual development have been written openly in the Quran 1 humankind. The Quran is the inheritance of mankind. Anyone w wants to take advantage of this inheritance will find that the Quran v guide him, and that nation that does not want to take advantage of this inheritance will find that the Quran will not guide it.



201. Exquisite

The universe has been created with two faces. To get from one to another is a stage, and to get from one stage to another is test. Now imagine a child sitting in the examination room. When the examination is placed in front of him he begins to cry; instead of solving problems on the test, he starts to complain and protest that he is being tested. The development and prosperity of human beings are not possible with an exquisite process. Gold becomes pure only after pas through a kiln process. If humankind had not undergone these kilns people today would be living in caves.



202. Environment

To whom does this not apply? If a man builds a house with fifty rooms, he would sleep on one bed only. If in the greed of wealth he collects treasures of gold and silver, still he can eat only two pieces of bread as fuel for his stomach. It does not matter how colourful an environment one makes with artificial fragrances and lights, it cannot be the alternative for the filth that is inside the man.



203. Business

Muslims have the greatest spiritual capital, but they are more straitened of circumstances to the same degree. The ancestors of Muslims have left for them great treasures of sovereignty and an inheritance of conquests of the universe. Yet Muslims form that unfortunate nation that has thrown the diamond away by saying that it is only a rock, and thereby lost the ability to derive benefit from this treasure. All this happened because for the sake of expedience Muslims deviated from the way of reflection. A pathway opened up before them on which every action becomes business.



204. Death Eye

From birth till old age people continuously fight a way. In all circumstance they want to win and be honoured, but eventually old age declared the winner. Then a time comes when death overcomes c age. It doesn't matter how elegant the start of life is; the eye of death stares continuously at humankind.



205. Constant and Permanent

If we consider life from birth till death, then it becomes evident that from birth from the mother's womb through childhood, boyhood, youth, and then old age, in all these stages God fulfills all the necessaries and provides all the resources that humans need. The ability the sun, moon, and earth to create resources serves man in association with a focal point. This series of services is based on a specific system of time and law, a law which must have been made by God and ma tamed by God.



206. Observation

God's way of thinking is to serve his creatures, and He does not expect any reward for it. When a person adopts this way of thinking intentionally that he will serve creatures in all circumstances, then the Qalander consciousness transfers to him. Many events then come within his purview which creates a belief in him that whatever is happening, has happened, or is going to happen, is a film that passes before him.



207. Farmer

We see that God's winged creatures, which number in millions and millions, eat grain, but there is an unsolved mystery in this, for when the farmer gathers his cultivated crops he does not leave even a single grain. There is no special cultivation for these winged creatures. Where, then, do these birds eat? The law is that when the flock of birds comes down to the earth nature creates the grain there. If the food supply system for birds were based on the farmer, then all the birds would have died of hunger.



208. Word

Who can estimate the greatness of God? The whole universe been placed in existence by one word. In this word not only lions and millions but even an infinite number of galaxies are enclosed. When this word displays itself, then the great world of spirit inhabited by angels and also the system of galaxies and planets appear. How important it is that this word is appearing in a new form at every moment and second.



209. Little Space

Many herbs that are found in the earth have seeds twenty times smaller than poppy seeds. Nature has put in them two conjoin leaves and a stem that becomes a root and penetrates into the earth. They have a knot that becomes a stem and stores a few days supply food in the seed before the seed roots get deep enough. Oh, people wisdom! Think deeply! Peer deeply into the universe with your intellect and try to appreciate that in such a small seed nature has stored much life. Then consider how much more treasure would be present Adam, who is God's helper.



210. Religion

Pray and fast, Hajj. All alms are important; all are divine orders, and all are necessary, for by doing all these elements the spirit becomes stronger. The spiritual powers awaken and become active. But here the situation is totally different and opposite, for it is not even clear that we have spiritual abilities within us. The reason for this is that we commit acts but do not think about the purpose of our actions.



211. Splendour

One becomes destined for a promotion as a result of individual or collective struggle, and as result of individual or collective laziness the nation declines instead of progressing. These are the two sides of development. One form of faith is that a nation attains worldly honour, worldly dignity, and worldly splendour, and the other form of development indicates that the nation that can approach the unseen world while existing in the apparent world achieves real development and splendour.



212. Student

Where were we before birth? The simplest answer to this question is that before our birth we were in the world of spirit. From t world of spirit (Alam-e-Arwaah) we came down to the world of matt (Alam-e-Nasoot). But when we discuss the world of spirits, then becomes very important for us to know what the world of spirits is. The knowledge of the world of spirits is infinite, but those people who have given this knowledge know the world of spirits very well, and they transfer this knowledge to their students.



213. Life

Qalander consciousness breaks all those idols which humans from their environment: the idol of uncertainty, the idol of pc ty and hunger, the idol of the fear of death, the idol of dignity and grace. When the magical world is overturned, then a pattern of E develops within the inner self of a person in which vision sees nothing but God, in which the heart feels only God, in which knowledge without action is ignorance, and in which uncertainty is polytheism and belief is everlasting life.



214. Wine

Water and wine are not separate things. Both of them are created with the same formula. The only difference is that the creation formulae work directly in water, whereas wine is created by certain changes in the creation formulae. People fight over wine, but why do they not think about these secret points? A wine cup is made of sand, and we also are made of sand. When our body is dispersed after breaking apart into sand, then the wine cup is made from our sand.



215. Space

When we ponder the Quran deeply we come to know that the basis of all knowledge is light, yet humans do not even know that lights have a certain disposition and nature and also inclinations. They do not know that lights are life and that they protect life. Humans are aware only of the statue of sand, a statue which does not have its own life within it, which has been created from filth and space and is not the master of its own movement.



216. Loss

The expert on the formulae of creation of the universe Hazrat Shai Abdul Qadir Jilani says: "Oh, hypocrites! Listen to the message prophecy. Oh, sellers of the life hereafter in exchange for this world, sellers of the rights in exchange for creatures, traders of the everlasting in exchange for the mortal, your business is a losing bargain. Your capital is pushing you into a ditch of destruction. Woe to you, for you becoming the target of God's curse."



217. Reflection

The present generation has become so aware that it will only accept what is presented according to nature. The development of science has made the human consciousness very adult in its outlook. When adult people and people of consciousness try to understand the inherited knowledge of their ancestors according to the laws of nature and the basis of scientific explanations, they are silenced by saying that religion does not want the whys and wherefores of things. Yet the Quran invites people to reflect openly.



218. Research

It has been proven scientifically that the life of plants, rocks, animals, and humans acts on the basis of an electrical system. The electrical energy obtained from the human body is enough to turn on an electric torch or a pocket radio. It has been proven by research that when a sitting fly vibrates on the vein of a tree leaf, it creates an electrical current in the leaf. Similarly, the electricity generated in the human body goes into the earth after passing through the body.



219. Speechless Animal

Humans are animals with speech who transfer their thoughts to others with words. But when we see that non-verbal animals transfer their thoughts to others without words and that the other animals not only receive these thoughts but also understand them, it shows that thoughts without the support of words are transferred with their complete meaning and connotation.



220. Flow

Fasting is the complete cure for physical diseases and an effective means of increasing spiritual values. It is a shield against evils. By fasting the filthiness of the body is removed and the flow of subtle lights in a person's body becomes faster. Because of the fast flow of lights in a person the mind speeds up, becoming so fast that one can see angels. And one sees oneself walking around in the unseen world.



221. Happiness

God is an entity. He is that existence who is present in the heart of everyone. As we cannot imagine the existence of life without heartbeats, so the imagination of heartbeats without God is meaning, less. God is a friend to all, and He is such a friend that He is in every life and existence; in the cradle, in youth, and in old age He remains with us. God is second where I am one, and where we are two He is third there.



222. Evil Repellent

The importance of studying the universe can be judged on the basis that in the Quran there are 150 verses on ablution, prayer, fasting, alms, Hajj, divorce, etc., but regarding the conquering formulae of the universe there are 756 verses. The Quran states that it has explained in detail and very clearly all minor and major issues. When Muslims started not to ignore the fact that this book is a means of liberation from disasters and evils, they were deprived of the conquering formulae and secret enigmas of the universe found in it.



223. Truth and Lie

A human being is, in fact, a tree, and the actions and deeds of his life are the fruits of this tree. The tree cannot be recognized by its root, but it can be recognized by its fruits. Similarly, the same situation applies to human actions. The decision as to the truth of something is not made on the basis of its source but its results. The action of a human being is itself a belief that he is telling a truth or a lie. The best way of analyzing any action is to see how the action is going to affect society. If the act has truthfulness, depth, and nature, then this action is right and true.



224. Personal Attribute

When we compare wisdom and consciousness we see that some people have more abilities, some have fewer abilities, and son have no wisdom. Science can claim to walk in space, but we cannot fir before us a single example of an unwise man being made wise by science. God is the one who gives wisdom of his own will, just as He imparts to mankind deep thinking and reflection. Men think this is quality of their own, but when it is taken from them, they cannot c anything.



225. Artistry

The basis of all existence is water, which is flowing in an ascending or descending mode. In the mother's womb the same water becomes food for the child after changing its form. Then the same water becomes milk. It takes the shape of a mango, jujube, apple, banana in their respective trees. This means that the matter is the same in all cases but it takes different forms when it goes into different trees. Ya-Badii-ul-Ajaib? (Extraordinarily astonishing). What kind of artist is this and what kind of magnificent and independent divine power this?



226. The Supreme Ruler

When a person believes that any tiny movement in the universe or any big or small thing in the universe is based on the system made by God, then a pattern of belief is formed in that person. When this pattern is put into action and different events come into life, then the links between these events are so strong, established, and structured that man is forced to think and accept the fact that God is the supreme ruler of the universe.



227. Universes

He who maintains a good biography of life has a close relationship with God and enjoys this closeness to God. He achieves reconciliation with God quite apart from his desires and expectations. He feels close to God in each breath of his life and manifests God within himself. Whatever God says, he listens to it, and whatever he says to God, God accepts it. Then the secrets of life that are universally unknown are revealed to him.



228. Broom

Everyone knows and understands that as long as people live in unity and with similar passion they are said to be one. They have their own voice, and their power is united. If the straws of a broom are separated and as separate straws are used to strike somebody, they do no harm, not even if one hits a person a thousand times with them. But if one collects the broom straws, brings them together, and then hits someone, that person will be black and blue from the blow.



229. Calamities

There is a topsy-turvy atmosphere in today's world. Everyone entangled in problems, and peace of mind is gone. Because of feelings of vulnerability, the shadow of the clouds of sadness and sorrow I become dense and thick. With all this it is not difficult to judge that we are within the reach of calamities stemming from sky and ear Seen through the eyes of the strong Muslim believer, then according God, the sins and evil doings of people in this society invite death a calamities.



230. Pledges

The meaning of contentment is not only a matter of gaining independence from money. No one can be completely free from money and desires. The necessities of life and the need to put food on the table for family members are inevitable and have a relationship to human rights. The true meaning of contentment is that whatever a person does should be according to the will of God, and by his action and way of thinking, the creature of God should not be hurt in any way.



231. Inferiority Complex

Break the bondage of greediness, avarice, and the desire for money and then see how much at peace you feel. No man in the world is bad. Thoughts are good and bad. If you have wealth, spend it as God desires you to spend it: on his sobbing, crying, sighing, and groaning creatures. Whatever you have, thank God for it, and whatever you don't have, do not grieve or lament over it. Try to keep yourself from any sort of inferiority complex. The criteria of dignity, rank, nobility, and courtesy are not wealth but the pure, living thoughts of the person.



232. Deaf and Dumb

Intelligent, mature, and conscientious people should study scenes earth and sky and they should think deeply with wisdom and intelligences about what they see in these scenes. Oh, Prophet Muhammad (PB.U.H.)! You tell people that they should observe whatever is present on earth and whatever is present in the skies. Yet is it not true that they do not observe, do not think deeply, and are not prudent? "In the eyes of God the worst creatures are those who are deaf and dun which means that they are living a life as deaf and dumb ones and not do anything prudently" (the Quran).



233. Genetic Identity

God our friend is supporting us continuously so that our gene identity can be maintained. Although the system of birth is same, every existence of the universe has its own identity. When c "Mother Earth" clasps us in order to finish our pain and pleasure and our material existence becomes extinct, then God our friend creates in the other world against the law of reproduction. This series of and death has been established since the start of the universe, and it will continue until the end of the universe.



234. Sample

Man, who is tightly bound in space, has such abilities that he holds the tentrope of the earth. From one planet to another and from one solar system to another solar system, the vision that God has given him is independent of time and space. The Creator who made man has declared him to be his best creation and presented him as a summary of the universe.



235. Superiority

Earth is sick and groaning like an old limb. For God's sake please be merciful to me and to yourself. There is no ear that can hear earth's sobbing and its submerged voice of grief. In order to become superpowers, the nations have invented death-bearing weapons so dangerous that they hold death for four billion people. For once anything comes into being the use of it becomes necessary.



236. Meditation

The heritage we received from our ancestors so as to be free from impatience, lack of peace, and distress is known as meditation. With the help of meditation we can bring our hidden abilities to the public forefront. Humanity that is suffering from fear, horror, and feelings of vulnerability and is entangled in pains and misfortunes has as the only way for humankind to get rid of this situation the line of action of meditation. For meditation is an act by which we can recover our lost power and restores ourselves to the line of dignified nations.



237. Encyclopedia

Read the Quran with such enthusiasm, intention, and spirit that we have to dress our life with its divine lights. The Quran is like a mirror that reflects prominently all your spots and stains. The Quran is an encyclopedia in which all the small and great issues have been described in detail. Now it is up to us to determine how much we want to take advantage of the blessings described in the Quran.



238. The Preserved Scripture

Every action of life has its value. This is our belief: that whatever exists in this world and whatever is going to exist in this world is already present somewhere. This means that nothing can exist in this world if it does not also exist somewhere else. Man was born in this world because he was present somewhere else. The ups and downs of life, days and nights, months and years, are first recorded like a cinematographic film. This film is the universal record, or Loh-e-Mehfooz (preserved scripture).



239. Screen

There is another human body around the human body which is made up of lights. Whatever problems or diseases come upon man do so in his body of light; they do not originate in the physical body. The physical body is actually a screen, whereas the body of light is the film. If we clear the spots and stains from the film, then we can see the screen clearly. In other words, if the body of light is freed from diseases, then the physical body becomes healthy by itself.



240. The Will of God

The friends of God and holy people are connected to the divine inspiration and revelation. Through meditation the forms of divine inspiration and revelation become so strong that these holy people tend to understand the realities behind the apparent. And their mind sees and understands the will of God directly. Then they are acquainted with the secrets of God. During these stages of spirituality a stage comes when the mind of these people, their life, and every act of their life become according to the consent of God.



241. Throne

An ant gave a feast to the court of glorious and magnificent Kit Prophet Solomon (P.B.U.H.). In addition to humans, jinns, birds, quadrupeds, and venomous animals were also present in the throng Prophet Solomon (P.B.U.H.). Prophet Solomon (P.B.U.H.) also rule over the air and the weather. Prophet Solomon (P.B.U.H.) picked t ant up and put her in his palm. Then he asked her: "Tell me, which greater, your kingdom or mine"? The ant replied: "Only God knows, whose kingdom is greater. But what I know right now is that r throne is the hand of Solomon."



242. Mortal

Every particle of the earth is the reflection of the picture of Adam. But when this particle takes on a shape and is embodied, then the journey of mortality starts. Man is mixed up in the sand and becomes sand. The particles of sand, like the chameleon, again take on a shape and are embodied, and then again they begin their journey towards mortality and dissolution into sand. This continuous action of the self-dissolving into sand creates the tolerance of man for the oppression of sand.



243. Discrimination

Love is total sincerity. Hatred is a symbol of rage and fury and is based on the features of revenge. Irritation and anger are forms of hatred. The Quran says that "Those who do not get angry and who excuse others, these are the people God loves because of their kindness." Another type of hatred is discrimination. Prophet Muhammad (PB.U.H.) says that "anyone who lives in discrimination and dies in discrimination is not related to me." Anyone who practices discrimination remains deprived of the blessings and intercession of Prophet Muhammad (PB.U.H.).



244. Mischief

How strange it is that a person with full power, ability, and intelligence thinks it is to his favor to get close to evil. Remember that all such things, which are temporary, are not real, and all those things which are not real cannot come close to truth. It matters not whether it is wealth or children. These are all temporary images, and when a person makes these temporary images his aim in life, then all these things become evil for him.



245. Freedom

This world is a magical place. It is not easy for wisdom to understand this magic, for wisdom does calculations of minor things. If you think deeply you will see that the whole world is a toy made of sand whose fate is eventually to break down and disperse in parts. The reality of the limited life is like a sip of wine. If you have it, it is well and good, but if you don't have it, then it doesn't make any difference. I want that wine one sip of which frees me from the limitations of time and space.



246. Attraction

The company of friends creates the same thoughts and inclinations that are already working in the friends. One should increase hearty attachments only with those whose interests, thoughts, cares, and struggles are in accord with the life of Prophet Muhammad (P.B.U.H.) (Usawa-e-Hasna). Trust your friends; do not bring them remorse. Try to live gaily and gladly among them. The basis of friendship should be sincerity, love, and the will of God, not personal interest. Try to adopt such attitudes that when friends sit next to you they feel pleasure and attraction.



247. Angels

Oh, human being! Tear away the blinders that hinder your memory screen and peer inside. Do you not remember those pleasant days when you used to breathe the air of freedom (Heaven)? There was neither pangs of hunger nor thirst, nor did the hot sunshine trouble you. There were no fears or problems. The only sadness is that you are unaware of these things. You used to eat happily anywhere you wished. Time and space had no meaning for you. You flew like a happy bird in the space less world that was the topic of discussion among the angels.



248.Beginning

A time came when sadness was placed as a guard on the happy life. It was frozen and silenced. Movement and restlessness were unknown. God wished for this loneliness to come to an end, for silence to turn into movement, and for creatures to be manifested so that they could see and understand God's greatness, mystery, and handiwork. Thus God's intention of show His handiwork echoed in the form of KUN (come into being). Then life arose, was extended, and caused movement.



249. Interpretations

It is a tragedy that Muslims are not even in agreement on the interpretation of the Quran. There are infinite explanatory sayings about each verse of the Quran, and most of them are mutually contradictory. Yet the credentials of the writers of these exegetical commentaries on the Quran cannot be used as a basis for declaring which is the true interpretation. The result has been that the tree of differences became so corpulent, huge, and tall that whereas in the beginning only a few people sat under it, now the whole nation is lost in ignorance under it.,



250. Quantity

Predetermined quantities at work in each creation distinguish one species from another and every person from every other person. The particles of sand are identical, but with different quantitative combinations of these particles different species are being created. These particles are creating flowers and trees somewhere, and in another place hills and mountains, and at still other places birds singing sweet notes. And when these apparently dead particles get life they spread colours everywhere in the universe.



251. Hatred

It had been the message of the Prophets that the material development of God's creatures should be done in such a way that there would be a brotherhood among people. There was to be charity and sincerity among people, and they were to help one another. The society in which sincerity and love predominate is a society that lives in peace, but the people in a society where hatred and estrangement prevail live in mental imbalance with feelings of vulnerability and they die sobbing.



252. Unhappy

There is another world like this world of colour and fragrance which is revealed after our death. How unfortunate those of us are who have never tried to travel towards this unseen world. If we act on the sayings of Prophet Muhammad (PB.U.H.) "Die before your death," and if we achieve selfawareness of that world, then we can expect this unhappy and evil life to turn into a happy and pleasurable life.



253. Waste

From the spiritual point of view, when a baby comes into this world from its mother's womb it has a supply of lights by which it can live for five thousand years. The baby then wastes this stock of lights with its ignorance, false dignity, and ostentation, so that only fifty or sixty years remain. This means that the man who could live for five thousand years wastes his life and finishes this life in fifty or sixty years and then dies.



254. Corpse

The dependence of the physical body is on the spirit, but the spirit does not depend on the physical body. The example of this is that the value of the human body without the spirit is only that of a dead body. As long as the spirit remains attached to the human body the fleshy body keeps itself in motion, but when the spirit detaches from the physical body, then this physical body cannot hear, speak, or even feel.



255. Ruins

When a nation is involved in the worship of wealth, then it suffers dishonour and shame and ends up ruined. The earth has proof of these things. The owners of castles and the rulers of large kingdoms and magnificent palaces are now scattered in different places as ruins. God says: "Why don't these people see by journeying around the earth what happened to previous nations. Those former people were stronger in their civilization and cities and stronger in power than present people. Yet God seized them in punishment for their sins and there was no one who could save them.



256. Mission of God

If a wise, mature, and conscientious person does not know who his parents are, then it does not matter how intelligent he is. An inferiority complex will overcome him. An inferiority complex is such a huge gap in human life that it can turn a person into a mental patient. We believe that we do exist, but we do not know the reality that created us. The mission of God is that each person may know Him in the same manner that he knows his parents.



257. Identity

Everything has some sort of identity even if we think it is invisible and do not give it any importance. When a person makes it the aim of his life to fulfill his desires, then in reality that person is overcome by the identity of that desire. If the desire of a person is personal interest, then he is confined within the earthly body characterized by narrowness, suffocation, and darkness. A person thus remains enclosed in these limitations of identity unable to leave them. Like a prisoner in a dark and gloomy place, he cannot establish contact with the huge and wide spiritual world of colour.



258. Diffusing Fragrance

If a person has peace in his inner being, then he can be a source of satisfaction and peace for others. If his reflections are cool and the fragrance of his life radiates outward, then his spiritual feelings are real. But if the person himself is far from peace of mind and clouds of grief always overspread him, then he is groaning at the foot of the mountains of fear and fright and all is dry, sere, and barren, then these feelings are of satanic inspiration and his entire life is a deceit.



259. The Hands of Nature

Nature spreads its message by lighting one lamp from another. The torch of knowledge keeps moving from one hand to another. What, therefore, is the meaning of the Qutub, Ghous, Wali, Adbaal, Sufi, and Qalander? These are the hands of nature that carry the torch of spiritual light. They not only keep themselves enlightened but also focus this light on others.



260. Contentment

Contentment is a way of thinking in which one thinks deeply on the realities and immortal things instead of mortal and material things. When this reflection takes one step by step into the unseen world it creates strong belief in him, and as soon as this ray of strong belief surges in his mind the unseen world is revealed to him.

261. Greatness

Greatness is fitting only for those who experience the surge of the knowledge of God's attributes within themselves. They can be of use to other creatures and their personality harms no one.



262. Formula

We can free ourselves from time and space by attaining the knowledge of science from the Holy Book. The person who knows the science of the Holy Book can fly through space without material support and has the power to transfer anything from one place to another. All things in the heavens and on earth are in subjection to such a person.



263. Helping Creatures

If you wish to exercise your sovereignty over the universe by knowing your God and getting close to Him, then make it your habit to help His creatures. There is no doubt that those who love God's creatures are friends of God. And one friend gets the benefit of the blessings and miracles from the other friend.



264. Pardon

As far as the good and the bad are concerned, there is no act in the world which is good or bad of itself. Actually it is the interpretation of any act that is good or bad. The interpretation of an act signifies our intention. Therefore, whatever a person has as his intention before performing an act is good or bad.



265. Philosophy

Born over the course of the history of humanity were wise men, philosophers, astronomers, and physical experts who left hundreds of thousands of sayings. But why are there such differences in their opinions? It is because they failed to get to the one reality. For reality is one, not thousands and hundreds of thousands. If these people had perceived the one reality, there would be no difference in their opinions.



266. The Gifted

On Judgment Day parents will not be asked what they gave their children to eat or what kind of clothing they provided for their offspring. Instead, they will be asked how they brought them and what they taught them. Parents who gave their children the right instruction will be successful and will be rewarded and given distinction.



267. Self Knowing

The love of people who are pure of heart and brimful of spirituality brings a person closer to self-knowledge. Who are these people? These are the people who love others for the sake of God. There is no doubt that love is the source for obtaining deliverance in the life hereafter.



268. The Learned Wisdom

Disposition and essence are two different things. By essence we have partnership with other species like sheep, goats, cattle, buffaloes, dogs, cats, snakes, pigeons, and doves. By disposition we have our own individual position. This position is gifted to us by the eternal power that is beyond all other creatures and surpasses in excellence all the people of the universe. This gift is the ability to reflect and excel in wisdom.



269. One Drop

Our life is limited to gaining the world, and our worship is limited to ostentation and accumulating worldly blessings. We give too much importance to the apparent aspect of our actions but do not drink from the immense ocean of knowledge that flows in our inner being.



270. Temple

Aperson's best friend is his spirit. He who understands the spirit and who sees his own image within the spirit means that he is aware of his friend and that he becomes his own best friend.



271. Blue Mountain

If we look across to the far side of the spatial expanse of the universe, we see nothing but hopeless, depressing, mental poverty. It seems that the negative behaviour of earth's inhabitants which consists in running away from their own nature has caused the torch of hope of the glittering heavenly stars to grow dim. When compared to other animals, man, who claims to be the crown of creation, is living a worse mental life than they. Even a tenth part of the peace that a cat or a goat experiences is not available to humans.



272. Magic

The whole universe is a staged drama. On this stage one actor is the mother, another is a child, another, a friend, an enemy, a sinner, or one of purity. In reality, these are the different countenances of the actors working on the stage. When one actor or all the actors go off stage, they become one, and the magic of being two in the world dissolves in the presence.



273. The Lion and the Goat

It is a strange and hidden secret that everyone in the entire universe is attached to all the others with the help of information and thoughts. But to be able to interpret the information is a separate attribute. The information of hunger is present in both lion and goat, but the goat eats grass in fulfillment of this information, while the lion eats meat. Thus as far as the information of hunger is concerned, the lion and the goat both share the same attribute, but the interpretation of this information is a separate attribute in the lion and the goat.

274. Religious Preaching

Work little at preaching religion and spiritual science, but work continuously. Invite people to take advantage of their spiritual abilities and welcome cheerfully all the difficulties, problems, and trials that come with the struggle. This is a saying of Prophet Muhammad (PB.U.H.): "The best act is that which is done continuously regardless of how small it may be."



275. The Heavenly Books

It is told in the revealed heavenly books that winning the resources means that they become action with intention. What is intention? Intention is the display of the infinite creative abilities of the soul.



276.Two Lines

Awide gap has been created between the real teachings of the Quran and the actions of Muslims. The pathway set by the Quran and the pathway on which Muslims are traveling are two separate lines that never meet.

277. Rotation

Every particle of the universe is in motion in the same way the stars and the earth are revolving. Likewise, every minute and second people, for whom the whole universe was created, are undergoing change in the world of feelings and passions.



278. The Mind of God

When there was nothing, there was God, and when God wished He created both us and the universe. The basis of creation is the desire of God, the mind of God. This means that our real existence is in the mind of God.

279. Beneficence

The Everlasting Entity keeps creating those persons who give lessons to this inconsistent world. Their mission is to establish a relationship with the real Creator and to introduce humankind to Him.



280. Expectations

Do not hold expectations regarding anyone, for if one has no expectations, then he will never become hopeless. Expectations should be minimal and such that they can be easily fulfilled.

281. Billion Worlds

The Qalander consciousness guides us so that we can activate with our intention all the invisible abilities within us according to the universal formulae of creation. Anyone who becomes aware of the electricity or the aura flowing within him or her can easily stop it or increase it to maximum voltage. By means of this electrical power one can fly without help into the invisible world. After storing the electrical charge within, his intention becomes so strong that he can go beyond the ends of the earth and the sky. He can then observe many worlds in the outer galaxies similar to earth in this galaxy. He sees the creatures of God on the billions of worlds in the same way he sees God's creatures on His earth. As one film can be seen on hundreds and thousands of screens, so the resemblance (Tamseel) of the universe is displayed from the Preserved Scripture (Loh-e-Mehfooz). Thus every earth in the universe is a screen. When the subconscious activates then the whole universe looks like a film, and the billions of worlds look like so many screens. Whatever is happening here on this earth is happening on other worlds in the same fashion.



282. Power

It is Nature's custom to give supernatural power only to those who know its right use. And from those who feel haughty pride after receiving this power, it will be taken away. For this reason, remember that first you must have a proper determination of your own personal development and then the development of the universe.

283. Testing

The common teaching of all religions is that this world is a place of testing. Success in the test is a source of peace and rest. But those nations who fail the test have hell as their destination.



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